

5 Reasons to be a NSCA Member

1 Advance as a Professional

Premier conferences and clinics, as well as the most dynamic yearly gathering of the industry (the NSCA National Conference) are available to help you become an even better strength and conditioning professional.

2 Enjoy and Learn From the NSCA's Journals

Receive the finest journals in strength and conditioning—*Strength and Conditioning Journal*, the must-read journal for professionals, and *Journal of Strength and Conditioning Research*, bringing the latest research to your mailbox (now in *Index Medicus*).

3 Join an International Network of Chapters and Special Interest Groups

With a network of 64 chapters, you have the opportunity to be a pivotal member of your local strength and conditioning community.

4 Learn Cutting-Edge Techniques

Hone your skills and learn cutting-edge techniques in areas such as lifting for power, plyometrics and speed development, and periodization at the Performance Series Symposia.

5 Advance the Field—Lead Through the NSCA

Your membership opens effective, challenging, and rewarding avenues for leadership, ranging from local hands-on involvement to national visibility.



NSCA Membership Application

New Member **Renewal**—Member ID# _____ - _____ - _____

Name _____

Institution/Corporation _____

Address _____

Daytime Phone _____ Fax _____

Email _____

Certified Categories (for CSCS® or NSCA-CPT® certified individuals)

Certified Professional (U.S. and Canada only) Certification # _____

1 year = \$135 2 years = \$260

Certified Student (U.S. and Canada only)* Certification # _____

1 year = \$95 (receives both journals)

Certified International (outside U.S. and Canada) Certification # _____

\$220/yr (airmailed print journals) \$135/yr (web access journals only)

Non-Certified Categories (for non-certified individuals)

Professional (U.S. and Canada only)

1 year = \$135 2 years = \$260

Student (U.S. and Canada only)*

1 year = \$95 (receives both journals)

*Student Verification—Students must be enrolled full-time (12 credit hours—undergraduate or 9 credit hours—graduate) and in good standing at their institution. Eligible students need to provide the following information and have it signed by the Dean or an Advisor at time of application.

Institution _____

Major _____ Mo/Yr expected _____ Current credit load _____

Dean or Advisor signature _____

International (outside U.S. and Canada)

\$220/yr (airmailed print journals) \$135/yr (web access journals only)

How did you hear about the NSCA?

NSCA member professor/instructor _____

Magazine (title) _____

NSCA State/Prov. Director
Name/State _____

Other _____

Special Interest Groups (SIG)

The NSCA offers the opportunity of participating in select professional groups, which may be of primary interest to you. If you would like to participate in, or make a tax-deductible donation to, a designated SIG please indicate your selection below.

- Baseball
- Basketball
- College Strength and Conditioning Professionals (CSCP)
- Figure Skating
- High School Coaches
- Ice Hockey
- Nutrition Metabolism and Body Composition
- Personal Trainers
- Soccer/Rugby
- Sports Medicine/Rehabilitation
- Tactical Strength and Conditioning
- Volleyball
- Youth
- Weightlifting

I would like to make a tax-deductible donation to the above indicated SIG in the amount of \$_____.

Occasionally, the NSCA will use email to send information and updates to members. These broadcasts will inform you of upcoming events, specials, and changes in membership benefits and services. Please check all items below that you would like to receive email notification for in the future:

- Anything NSCA
- CEUs
- Events
- Membership Benefits
- Policy Changes
- Products Sales/Specials
- Services
- State News

The NSCA also interacts with many companies in the fitness industry.

Check here to receive advertisements from these companies.

Payment Check Visa MasterCard AMEX

Acct. # _____ Exp. Date _____

Name on card _____

Signature _____

Note: NSCA dues are not deductible as a charitable contribution for federal tax purposes, but may be deductible as a business expense. Consult your tax advisor for details.

Total membership fee \$ _____
Add my Married Partner as a member (add \$90/yr) \$ _____
(web access journals only)

Spouse's Name _____

Canada (add \$15 per year for postage) \$ _____

SIG donation \$ _____

Total enclosed (U.S. funds only) \$ _____

Mail application with payment to: NSCA • 1885 Bob Johnson Dr. • Colorado Springs, CO 80906

Fax to: 719-632-6367 or, apply online at: www.nscalift.org

Accepted membership applications are not refundable or transferable. Prices are accurate at press time and subject to change without notice.