

DANTES Test Centers' Authorization

NSCA Certification authorizes military installations with Defense Activity for Non-Traditional Education Support (DANTES) test center to administer our Certified Strength and Conditioning Specialist® (CSCS®) and NSCA-Certified Personal Trainer® (NSCA-CPT®) examinations on a demand basis.

Credentials: Certified Strength and Conditioning Specialist® (CSCS®) certification, created in 1985, is for professionals who design and implement strength training and conditioning programs for athletes in a team setting.

Created in 1993, the NSCA-Certified Personal Trainer® (NSCA-CPT®) certification is designed for those who train clients in one-on-one situations in clients' homes or health/fitness clubs.

Registration Process: The exam candidate can obtain registration brochure for the CSCS and NSCA-CPT exam by:

- Calling NSCA Certification at 800-815-6826 (toll-free inside the USA) or 719-632-6722
- Downloading and printing a registration form from our Web site at www.nasca-cc.org
- E-mailing a request for information to exams@nsca-lift.org
- Mailing a request for information to
NSCA Certification • 1885 Bob Johnson Dr. • Colorado Springs, CO 80906

How to Register: Complete and submit the appropriate registration form and include:

- Appropriate registration fee.
- Original, official transcript showing a BA/BS, DC or advanced degree granted from an accredited institution* or chiropractic medicine degree granted from an accredited institution* (Certified Strength and Conditioning Specialist (CSCS) ONLY)

*The accrediting institutions are Middle State Association, New England Association, North Central Association, Northwest Association, Southern Association and Western Association.

Test Control Officer Responsibilities: Prior to submission of the registration, the Test Control Officer (TCO) needs to review all exam registrations for accuracy, necessary signatures, required documentation (see prerequisites) and compliance with the current registration policies.

*The candidate and the Testing Control Officer need to agree on the examination date.

A minimum of four weeks prior to the exam date the Testing Control Officer (TCO) must forward the completed and reviewed registration(s) with the appropriate registration fee and the below mentioned information on official stationery to:

NSCA Certification • 1885 Bob Johnson Dr. • Colorado Springs, CO 80906

- Verification of his or her willingness to give the certification exam (s)
- Approved exam date* (please allow four weeks for processing and sending the exam materials back to the military installation)
- Secure address to which the exam service can send the test materials

Registration Fees:

Exam candidates need to submit the appropriate registration fee as shown below.

First Time Registration

		*Member	#Nonmember
Certified Strength and Conditioning Specialist (CSCS)	Registration	\$260.00	\$395.00
NSCA-Certified Personal Trainer (NSCA-CPT)	Registration	\$235.00	\$370.00

* Member of the National Strength and Conditioning Association (NSCA)

Not a member of the National Strength and Conditioning Association (NSCA) and not applying for membership when registering for the exam.

Retake Registration

		*Member	#Nonmember
CSCS – Both Sections	Registration	\$210.00	\$345.00
CSCS – One Section Only	Registration	\$165.00	\$300.00
NSCA-CPT	Registration	\$185.00	\$320.00

* Member of the National Strength and Conditioning Association (NSCA)

Not a member of the National Strength and Conditioning Association (NSCA) and not applying for membership when registering for the exam. NOTE: Nonmembers pay a higher exam registration fee and do not receive the professional and educational benefits of NSCA membership.

All prices are listed in United States dollars and are subject to change without notice.



NSCA Membership: For information on joining the National Strength and Conditioning Association (NSCA), please contact the NSCA Headquarters at 800-815-6826, nsca@nsca-lift.org, or access their Web site at www.nsca-lift.org.

Available Exam Preparation Materials: The CSCS and NSCA-CPT exam preparation materials are designed to assist exam candidates as they prepare for to earn one of the NSCA's Credentials of Distinction. While comprehension of the information presented in the preparation materials should certainly increase the likelihood of passing the CSCS or NSCA-CPT certification examination, it does not guarantee a successful performance. The questions on the CSCS and NSCA-CPT examinations are developed from numerous resources in addition to these materials.

For information on available exam preparation materials for the **Certified Strength and Conditioning Specialist** and **NSCA-Certified Personal Trainer** credentials, you can:

- Access our web site at www.nsca-cc.org
- Contact the Products Coordinator at 888-746-2378, ext. 116 or at products@nsca-cc.org.

Administration of Exams

Military Administration: DANTES test centers may administer the CSCS and/or NSCA-CPT examination to eligible active duty military and reserve component personnel on an unfunded (examinee pays) basis UNLESS existent military regulations provide otherwise:

- ARMY REGULATION 40-219
- NAVMEDCOMINST 1500.6
- AFR 169-4

Exam reimbursement from DANTES is available to the following Service branches: Army National Guard (ARNG), Air Force Reserve (AFR) and Army Reserve (AR).

Civilian Administration: DANTES test centers may administer the CSCS and NSCA-CPT certification exams to the following civilians on an unfunded (examinee pays) **AND SPACE-AVAILABLE BASIS** according to local command policy and service regulations:

- RETIRED MILITARY PERSONNEL
- MILITARY FAMILY MEMBERS
- VETERANS
- U.S. FEDERAL EMPLOYEES

Exam Set-up and Audiovisual Equipment: The exam room needs to be set up in a classroom style with eight-foot tables with only two chairs (an empty space needs to be between the candidates). The tables need to have smooth surfaces with no tablecloths. A VCR monitor or projection unit (for video component) needs to be in the room. The Test Control Officer (TCO) needs to note the exam set-up and equipment specifications before submitting the exam registration(s).



Examination Assistance

Questions about Scheduling an Exam:

Contact the Certification Services Coordinator at 800-815-6826, or at exams@nsca-lift.org

Questions about the Exam Registration Process:

Contact the Exam Director at 800-815-6826, or at exams@nsca-lift.org

Questions about Exam Preparation Materials:

Contact the Products Coordinator at 888-746-2378, ext. 116 or at products@nsca-cc.org

Need More Information?

DANTES Web Address: www.voled.doded.mil

DANTES Certification Program

E-mail Address: winborne@voled.doded.mil

NSCA Certification

Web Address: www.nsca-cc.org

Email Address: exams@nsca-lift.org