

# National Index Records










## Girls

| State  | Athlete         | Event                  | Score       | Year |
|--|-----------------|------------------------|-------------|------|
| CO    | Majana McCollum | Vertical Jump          | 26 in       | 2010 |
| CO    | Majana McCollum | Vertical Jump Points   | 435         | 2010 |
| CO    | Majana McCollum | Pro-Agility Run        | 4.39 sec    | 2010 |
| CO    | Majana McCollum | Pro-Agility Run Points | 543         | 2010 |
| CO    | Majana McCollum | 10-Yard Dash           | 1.74 sec    | 2008 |
| CO   | Majana McCollum | 10-Yard Dash Points    | 516         | 2008 |
| CA  | Allana Gobern   | Hang Clean             | 185 lb. 1RM | 2010 |
| CA  | Allana Gobern   | Hang Clean Points      | 508         | 2010 |
| CO  | Majana McCollum | NSCA Index             | 1931        | 2010 |





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| State  | Athlete     | Event                  | Score              | Year        |
|--|-------------|------------------------|--------------------|-------------|
| RI    | Max Shubert | Vertical Jump          | <b>35 in</b>       | <b>2010</b> |
| RI    | Max Shubert | Vertical Jump Points   | <b>603</b>         | <b>2010</b> |
| RI    | Max Shubert | Pro-Agility Run        | <b>4.15 sec</b>    | <b>2010</b> |
| RI    | Max Shubert | Pro-Agility Run Points | <b>513</b>         | <b>2010</b> |
| RI    | Max Shubert | 10-Yard Dash           | <b>1.645 sec</b>   | <b>2010</b> |
| RI   | Max Shubert | 10-Yard Dash Points    | <b>504</b>         | <b>2010</b> |
| CA  | Ryan Adams  | Hang Clean             | <b>302 lb. 1RM</b> | <b>2010</b> |
| CA  | Ryan Adams  | Hang Clean Points      | <b>467</b>         | <b>2010</b> |
| RI  | Max Shubert | NSCA Index             | <b>2022</b>        | <b>2010</b> |

