Board of Directors Meeting Minutes
National Conference Orlando, Florida
Wednesday, July 14, 2010

The meeting was called to order at 8:02am Eastern Standard Time on Wednesday, July 14, 2010, by NSCA President, Jay R. Hoffman. Participating in the meeting were: Karen Ballek, Jill Bush, Greg Haff, John McCarthy, Mike Nitka, Juan Carlos Santana, Jeff Stout, Chat Williams, Executive Director Robert L. Jursnick, Incoming Executive Director Alan Kinniburgh, Deputy Executive Director Kim Ginter, and Executive Assistant Joni Costa.

MOTIONS:

2010-07-14-01 **PASSED UNANIMOUSLY**

TOPIC: .....Minutes
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Juan Carlos Santana
PROPOSED MOTION:.That the Board of Directors approves the Minutes from the March 1, 2010 Board of Directors Conference Call.
ADOPTED MOTION:..That the Board of Directors approves the Minutes from the March 1, 2010 Board of Directors Conference Call.
STAFF SUPPORT:.....Kim Ginter

2010-07-14-01.5 **PASSED UNANIMOUSLY**

TOPIC: .....Finances
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeffrey R. Stout
PROPOSED MOTION:.That the Board of Directors accepts the auditor's report for the fiscal year ending 3/31/10, as presented by Ken Waugh.
ADOPTED MOTION:..That the Board of Directors accepts the auditor's report for the fiscal year ending 3/31/10, as presented by Ken Waugh.
STAFF SUPPORT:.....Lee Madden

2010-07-14-02 **PASSED UNANIMOUSLY**

TOPIC: .....Membership
PROPOSED BY: .....Chat Williams
SECONDED BY: .....Juan Carlos Santana
PROPOSED MOTION:.That the Board of Directors approves the appointment of Rick Howard, Paul Moore, and Randy Miller (2nd term), each for a three-year term, to the Membership Committee.
ADOPTED MOTION:..That the Board of Directors approves the appointment of Rick Howard, Paul Moore, and Randy Miller (2nd term), each for a three-year term, to the Membership Committee.
STAFF SUPPORT:.....Curtis Lords

2010-07-14-03 **PASSED UNANIMOUSLY**

TOPIC: .....Membership
PROPOSED BY: .....G. Gregory Haff
SECONDED BY: .....Jay R. Hoffman
PROPOSED MOTION:.That the Board of Directors approves Rodney Gaines, Davis Koh, Eric Reed, and Dave Pavlet for appointment to the State/Provincial Directors Committee.
ADOPTED MOTION:..That the Board of Directors approves Rodney Gaines, Davis Koh, Eric Reed, and Dave Pavlet for appointment to the State/Provincial Directors Committee.
STAFF SUPPORT:.....Curtis Lords

2010-07-14-04 **WITHDRAWN**

TOPIC: .....Membership
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....
PROPOSED MOTION:.That the Board of Directors approves David J. Szymanski as a Fellow of the NSCA as recommended by the Fellow Review Committee.
ADOPTED MOTION:..Motion tabled.
STAFF SUPPORT:.....Kim Ginter

2010-07-14-05 **PASSED UNANIMOUSLY**

TOPIC: .....Accounting
PROPOSED BY: .....Jeffrey R. Stout
SECONDED BY: .....Jay R. Hoffman

PROPOSED MOTION:.That the Board of Directors appoints new signers for all NSCA financial accounts, to be: Alan Kinniburgh, Kim Ginter, and Lee Madden.
ADOPTED MOTION:..That the Board of Directors appoints new signers for all NSCA financial accounts, to be: Alan Kinniburgh, Kim Ginter, and Lee Madden.
STAFF SUPPORT:.....Lee Madden

2010-07-14-06 **PASSED UNANIMOUSLY**
TOPIC: .....Accounting
PROPOSED BY: .....Jeffrey R. Stout
SECONDED BY: .....Jay R. Hoffman
PROPOSED MOTION:.That the Board of Directors appoints new signers for all pension/profit sharing plans, to be: Alan Kinniburgh and Lee Madden.
ADOPTED MOTION:..That the Board of Directors appoints new signers for all pension/profit sharing plans, to be: Alan Kinniburgh and Lee Madden.
STAFF SUPPORT:.....Lee Madden

2010-07-14-07 **PASSED UNANIMOUSLY**
TOPIC: .....Membership
PROPOSED BY: .....G. Gregory Haff
SECONDED BY: .....John McCarthy
PROPOSED MOTION:.That the Board of Directors approves the appointment of Mack Rubley, Sharon Rana, and Brian Church each to serve an additional three-year term on the Education Committee.
ADOPTED MOTION:..That the Board of Directors approves the appointment of Mack Rubley, Sharon Rana, and Brian Church each to serve an additional three-year term on the Education Committee.
STAFF SUPPORT:.....Curtis Lords

2010-07-14-08 **PASSED UNANIMOUSLY AS AMENDED**
TOPIC: .....Information Technologies
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeffrey R. Stout
PROPOSED MOTION:.That the Board of Directors approves the purchase of integrated organizational/Membership/Certification software.

ADOPTED MOTION:..That the Board of Directors approves the purchase of integrated organizational/Membership/Certification software up to $150,000 in the current budget year.
STAFF SUPPORT:.....Kim Ginter

2010-07-14-09 **PASSED UNANIMOUSLY AS AMENDED**
TOPIC: .....Education
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....G. Gregory Haff
PROPOSED MOTION:.That the Board of Directors approves the amended employment criteria for recognition as a Registered Strength Coach in the following manner:

This distinction is designed to identify experienced strength and conditioning professionals that have been employed for two (2) or more years at:

1. a high school
2. a collegiate
3. a professional level
4. an institutional organization that has been approved by the NSCA Board of Directors

Individuals serving for two (2) years as a graduate assistant at a strength and conditioning institute recognized by the National Strength and Conditioning Association as a Graduate Education Recognition Program are also eligible for this recognition.
ADOPTED MOTION:..That the Board of Directors approves the amended employment criteria for recognition as a Registered Strength Coach in the following manner:

This distinction is designed to identify experienced strength and conditioning professionals that have been employed full time for two (2) or more years at:

1. a high school
2. a college
3. a professional level
4. an institutional organization that has been approved by the NSCA Board of Directors

Individuals serving for two (2) years as a full time graduate assistant at a strength and conditioning institute recognized by the National Strength and Conditioning Association as a Graduate Education Recognition Program are also eligible for this recognition.

STAFF SUPPORT:.....Jay Dawes

2010-07-14-10 **PASSED UNANIMOUSLY AS AMENDED**

TOPIC: .....Board of Directors

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors elects a Public Member at Large to the NSCA Board of Directors.

ADOPTED MOTION:..That the Board of Directors elects Michael C. Ma as a Public Member at large to the NSCA Board of Directors.

STAFF SUPPORT:.....Kim Ginter

2010-07-14-11 **FAILED**

TOPIC: .....Membership

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors approves the name change of the JSCR Editorial Excellence Award to the Dr. Gary A. Dudley Memorial Journal of Strength and Conditioning Research Editorial Excellence Award.

ADOPTED MOTION:..Motion 2010-07-14-11 did not pass.

STAFF SUPPORT:.....Curtis Lords

2010-07-14-12 **PASSED UNANIMOUSLY**

TOPIC: .....Membership

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Jeffrey R. Stout

PROPOSED MOTION:.That the Board of Directors approves the creation an HPC Committee to review policy and provide operational recommendations to the HPC Director for the NSCA Human Performance Center.

ADOPTED MOTION:..That the Board of Directors approves the creation an HPC Committee to review policy and provide operational recommendations to the HPC Director for the NSCA Human Performance Center.

STAFF SUPPORT:.....Robb Rogers

2010-07-14-13 **PASSED BY VOTE OF 8 (G. GREGORY HAFF ABSTAINED FROM VOTE)**

TOPIC: .....Membership

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Jeffrey R. Stout

PROPOSED MOTION: That the Board of Directors approves the following members for appointment to the HPC Committee:

- Andy Fry – PhD, CSCS, FNSCA
- Michael Stone – PhD, FNSCA
- G. Gregory Haff – PhD, CSCS*D, FNSCA
- Gerard (Jerry) Martin – MA, CSCS, *D
- Thomas J. Myslinski – MS, CSCS

ADOPTED MOTION:..That the Board of Directors approves the following members for appointment to the HPC Committee:

- Andy Fry – PhD, CSCS, FNSCA
- Michael Stone – PhD, FNSCA
- G. Gregory Haff – PhD, CSCS*D, FNSCA
- Gerard (Jerry) Martin – MA, CSCS, *D
- Thomas J. Myslinski – MS, CSCS

STAFF SUPPORT:.....Robb Rogers

2010-07-14-14 **PASSED AS AMENDED**

TOPIC: .....Membership

PROPOSED BY: .....John McCarthy

SECONDED BY: .....Juan Carlos Santana

PROPOSED MOTION:.That the Board of Directors approves the revised criteria/procedures for individual NSCA awards.

ADOPTED MOTION:..That the Board of Directors approves the revised criteria/procedures for the following NSCA awards:

- Alvin Roy Award
- Boyd Epley Lifetime Achievement Award
  - With the following amendments:
    - Under the Presentations section, delete "Abstract presentation at NSCA National Conference, 1pt./presentation"
    - Under the Presentations section change "Presenter or co-author of an oral or poster presentation at National Conference" to "Presenter or co-author of a research oral or poster presentation at NSCA National Conference"
    - Under the Presentations section change "From the Field presentation (presenter or co-presenter) at National Conference" to "From the Field presentation (presenter or co-presenter) at NSCA National Conference"
- College Strength & Conditioning Coach of the Year Award
  - With the following amendments:
    - Under the NSCA Involvement section delete "NSCA Fly Solo Mentor, 2 pts" and "Attend Fly Solo Camp, 1 pt"
    - Under the Educational/Coaching Activities section delete "Hosted a Fly Solo Camp, 2 pts each"
- Sports Medicine and Rehab Professional of the Year Award

STAFF SUPPORT:.....Curtis Lords

2010-07-14-15 **WITHDRAWN**

TOPIC: .....Certification

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....G. Gregory Haff

PROPOSED MOTION:.That the Board of Directors charges the Certification Committee with developing an elite level personal training exam requiring a degree with a specialty for clinical populations, such as cardiac rehabilitation, COPD, renal disease, and pregnancy.

ADOPTED MOTION:..Motion 2010-07-14-15 was withdrawn.

STAFF SUPPORT:.....Mark Roozen

2010-07-14-16 **PASSED UNANIMOUSLY**

TOPIC: .....Executive
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Karen Ballek
PROPOSED MOTION:.That the Board of Directors charges the Executive Director with ensuring that all programs within the NSCA, conducted by NSCA personnel both within and outside of National Headquarters, adhere to the NSCA Mission Statement and guidelines that are published in its position stands and textbooks.
ADOPTED MOTION:..That the Board of Directors charges the Executive Director with ensuring that all programs within the NSCA, conducted by NSCA personnel both within and outside of National Headquarters, adhere to the NSCA Mission Statement and guidelines that are published in its position stands and textbooks.
STAFF SUPPORT:.....Alan Kinniburgh

2010-07-14-17 **PASSED UNANIMOUSLY**

TOPIC: .....Publications
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeffrey R. Stout
PROPOSED MOTION:.That the Board of Directors charges the Executive Director with ensuring that all programs, publications, and materials from NSCA departments, that are developed for membership use, are signed off by the respective Board Liaison.
ADOPTED MOTION:..That the Board of Directors charges the Executive Director with ensuring that all programs, publications, and materials from NSCA departments, that are developed for membership use, are signed off by the respective Board Liaison.
STAFF SUPPORT:.....Alan Kinniburgh

2010-07-14-18 **PASSED UNANIMOUSLY AS AMENDED**

TOPIC: .....Publications
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....G. Gregory Haff
PROPOSED MOTION:.That the Board of Directors appoints an Editor-in-Chief for the Performance Training Journal.

ADOPTED MOTION:..That the Board of Directors charges the Executive Director with incorporating the Performance Training Journal and TSAC Report into the Strength and Conditioning Journal, or bringing in an editor-in-chief for each.
STAFF SUPPORT:.....Keith Cinea

2010-07-14-19 **WITHDRAWN**
TOPIC: .....Publications
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....
PROPOSED MOTION:.That the Board of Directors appoints an Editor-in-Chief for the TSAC Report.
ADOPTED MOTION:..Motion 2010-07-14-19 was withdrawn.
STAFF SUPPORT:.....Keith Cinea

2010-07-14-20 **PASSED UNANIMOUSLY**
TOPIC: .....Awards
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Juan Carlos Santana
PROPOSED MOTION:.That the Board of Directors charges the Executive Director with developing a Visiting Scientist Research Award in the amount of $25,000 to $50,000 per year that will provide travel expenses and money for research.
ADOPTED MOTION:..That the Board of Directors charges the Executive Director with donating to the NSCA Foundation on an annual basis up to $50,000 to provide a grant for international collaborative research.
STAFF SUPPORT:.....Curtis Lords

2010-07-14-21 **PASSED UNANIMOUSLY**
TOPIC: .....Membership
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeffrey R. Stout
PROPOSED MOTION:.That the Board of Directors approves the following change to the Conference Committee: "The Conference Committee will focus their efforts on content and presenters for the National Conference and Personal Trainers Conference."

ADOPTED MOTION:..That the Board of Directors approves the following change to the Conference Committee: "The Conference Committee will focus their efforts on content and presenters for the National Conference and Personal Trainers Conference."

STAFF SUPPORT:.....Virginia Meier & Education Director

2010-07-14-22 **PASSED AS AMENDED BY VOTE OF 8 (G. GREGORY HAFF NOT PRESENT)**

TOPIC: .....Membership

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Jeffrey R. Stout

PROPOSED MOTION:.That the Board of Directors approves the amendment to NSCA Committee Guidelines to read on page 1, Committees, Bullet 3: which currently states: *"A member shall not serve on more than one committee at a time, except for the President of the NSCA, who is an ex-officio member of all committees."* Which would be amended to state: *"A member may serve on more than one committee at a time, except for the President of the NSCA, who is an ex-officio member of all committees."*

ADOPTED MOTION:..That the Board of Directors approves the amendment to NSCA Committee Guidelines to read on page 1, Committees, Bullet 3: which currently states: *"A member shall not serve on more than one committee at a time, except for the President of the NSCA, who is an ex-officio member of all committees."* Which would be amended to state: *"A member may serve on up to three committees at a time."*

STAFF SUPPORT:.....Curtis Lords

2010-07-14-23 **PASSED UNANIMOUSLY AS AMENDED**

TOPIC: .....Executive

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....John McCarthy

PROPOSED MOTION:.That the Board of Directors directs the Executive Director to consult the NSCA President prior to the employment of any staff Director.

ADOPTED MOTION:..That the Board of Directors directs the Executive Director to consult the NSCA Board of Directors prior to the employment of any staff Director.

STAFF SUPPORT:.....Alan Kinniburgh

2010-07-14-24 **PASSED UNANIMOUSLY**

TOPIC: .....Executive

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....G. Gregory Haff

PROPOSED MOTION:.That the NSCA Board of Directors approves the nomination of Jay Dawes MS (PhD-candidate), CSCS,*D, NSCA-CPT,*D, FNSCA, as the recommended NSCA sponsored speaker at the 2011National Athletic Training Association (NATA) annual meeting.

ADOPTED MOTION:..That the NSCA Board of Directors approves the nomination of Jay Dawes MS (PhD-candidate), CSCS,*D, NSCA-CPT,*D, FNSCA, as the recommended NSCA sponsored speaker at the 2011National Athletic Training Association (NATA) annual meeting.

STAFF SUPPORT:.....Education Director

2010-07-14-25 **PASSED UNANIMOUSLY**

TOPIC: .....Membership

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....G. Gregory Haff

PROPOSED MOTION:.That the Board of Directors directs the NSCA Ad-Hoc Awards Review Committee Chair to present revised criteria for the Educator of the Year, William J. Kraemer Outstanding Sport Scientist, Personal Trainer of the Year, State/Provincial Director of the Year, High School Strength and Conditioning Coach of the Year, Terry J. Housh Outstanding Young Investigator of the Year, and the Nutritional Research Awards for Board approval, before these awards may be given.

ADOPTED MOTION:..That the Board of Directors directs the NSCA Ad-Hoc Awards Review Committee Chair to present revised criteria for the Educator of the Year, William J. Kraemer Outstanding Sport Scientist, Personal Trainer of the Year, State/Provincial Director of the Year, High School Strength and Conditioning Coach of the Year, Terry J. Housh Outstanding Young Investigator of the Year, and the Nutritional Research Awards for Board approval, before these awards may be given.

STAFF SUPPORT:.....Curtis Lords

2010-07-14-26 **PASSED UNANIMOUSLY**

TOPIC: .....Membership
PROPOSED BY: .....John McCarthy
SECONDED BY: .....Jay R. Hoffman
PROPOSED MOTION:.That the NSCA Board of Directors charges the NSCA Foundation President with developing a Senior Scientist Research Grant.
ADOPTED MOTION:..That the NSCA Board of Directors charges the NSCA Foundation President with developing a Senior Scientist Research Grant.
STAFF SUPPORT:.....Curtis Lords

5:21 pm **Meeting Adjourned**

FINAL MINUTES, APPROVED AUGUST 27, 2010