Board of Directors Meeting Minutes
Teleconference Call
Friday, April 24, 2009 9:00 A.M. Mountain Time

The Board of Directors of the National Strength and Conditioning Association (NSCA) conference call was held on Friday, April 24, 2009.

CALLED TO ORDER at 9:00am Mountain Time, on April 24, 2009, by NSCA President, Dr. Lee E. Brown. Participating in the meeting via conference call: Vice President Jeffery R. Stout; Secretary/Treasurer Mike Nitka; Members: G. Gregory Haff, John P. McCarthy, Diane Vives, Executive Director Robert Jursnick, Deputy/Operations Director Kim Dixon, and Executive Assistant Joni Costa.

Members Karen Ballek, L. Perry Koziris, and Juan Carlos Santana were unable to attend.

MOTIONS:

2009-04-24-01 **PASSED**

TOPIC: .....Minute Approval
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....Mike Nitka
PROPOSED MOTION: ...That the Board of Directors approves the minutes from the March 25, 2009 Board Meeting.
ADOPTED MOTION:.....That the Board of Directors approves the minutes from the March 25, 2009 Board Meeting.
SUPPORTING STATEMENT: Minutes attached.

2009-04-24-02 **PASSED**

TOPIC: .....Renaming of the Young Investigator Award
PROPOSED BY: .....Jeff Stout
SECONDED BY: .....John P. McCarthy
PROPOSED MOTION: ...That the Board of Directors renames the *Young Investigator Award* to *The Terry J. Housh Outstanding Young Investigator of the Year Award.*
ADOPTED MOTION:.....That the Board of Directors renames the *Young Investigator Award* to *The Terry J. Housh Outstanding Young Investigator of the Year Award.*

SUPPORTING STATEMENT: Email from Jeff Stout with letter from Dr. Kraemer

2009-04-24-03 **PASSED**

TOPIC: .....Renaming of the Lifetime Achievement Award
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....John P. McCarthy
PROPOSED MOTION: ...That the Board of Directors renames the *Lifetime Achievement Award* to the *Boyd Epley Lifetime Achievement Award.*
ADOPTED MOTION:.....That the Board of Directors renames the *Lifetime Achievement Award* to the *Boyd Epley Lifetime Achievement Award.*
SUPPORTING STATEMENT:

2009-04-24-04 **POSTPONED TO NEXT MEETING**

TOPIC: .....SIG Guidelines Revision
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....G. Gregory Haff
PROPOSED MOTION: ...That the SIG Guidelines be amended as stated in the document dated April 24, 2009.
ADOPTED MOTION:.....That the SIG Guidelines be amended as stated in the document dated April 24, 2009.
SUPPORTING STATEMENT: Revised SIG Guidelines, Dated April 24, 2009, Attached

2009-04-24-05 **POSTPONED TO NEXT MEETING**

TOPIC: .....Volunteer Handbook Revision
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....John P. McCarthy
PROPOSED MOTION: ...That the Volunteer Handbook be amended as stated in the document dated April 24, 2009.
ADOPTED MOTION:.....That the Volunteer Handbook be amended as stated in the document dated April 24, 2009.
SUPPORTING STATEMENT: Revised Volunteer Handbook, Dated April 24, 2009, Attached

2009-04-24-06 **PASSED**

TOPIC: .....Approval of Dr. Disa Hatfield as an Education Committee Member
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....John P. McCarthy

PROPOSED MOTION: ...That the Board of Directors approves Dr. Disa Hatfield as a member of the Education Committee.
ADOPTED MOTION:.....That the Board of Directors approves Dr. Disa Hatfield as a member of the Education Committee.
SUPPORTING STATEMENT: Dr. Hatfield CV and Bio, Attached

2009-04-24-07 **PASSED**
TOPIC: .....Approval of Dr. Ben Snyder as an Education Committee Chair
PROPOSED BY:.....Lee E. Brown
SECONDED BY:.....Mike Nitka
PROPOSED MOTION: ...That the Board of Directors approves Dr. Ben Snyder as the Education Committee Chair.
ADOPTED MOTION:.....That the Board of Directors approves Dr. Ben Snyder as the Education Committee Chair.
SUPPORTING STATEMENT: That the Board of Directors approves Dr. Ben Snyder as the Education Committee Chair.

2009-04-24-08 **PASSED**
TOPIC: .....Appointment of new signers to the Union Bank STFIT account
PROPOSED BY:.....Lee E. Brown
SECONDED BY:.....Mike Nitka
PROPOSED MOTION: ...That the Board of Directors appoints new signers (Lee Madden, Robert Jursnick, and Kim Dixon) to Union Bank STFIT account.
ADOPTED MOTION:.....That the Board of Directors appoints new signers (Lee Madden, Robert Jursnick, and Kim Dixon) to Union Bank STFIT account.
SUPPORTING STATEMENT: Beneficiary Authorization Resolution, Attached

2009-04-24-09 **PASSED**
TOPIC: .....Appointment of trustee and termination of retirement plans for former CC
PROPOSED BY:.....Lee E. Brown
SECONDED BY:.....Jeffery R. Stout
PROPOSED MOTION: ...That the Board of Directors appoints a new trustee (Lee Madden and Robert Jursnick) and terminates the retirement plans for the former Certification Commission.
ADOPTED MOTION:.....That the Board of Directors appoints a new trustee (Lee Madden and Robert Jursnick) and terminates the retirement plans for the former Certification Commission.

SUPPORTING STATEMENT: "Resolution to Appoint New Trustee and Terminate Retirement Plans for the Certification Division of the National Strength and Conditioning Association," Attached

2009-04-24-10 **PASSED**

TOPIC: .....Appointment of trustee for NSCA retirement plan
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....Mike Nitka
PROPOSED MOTION: ...That the Board of Directors appoints a new trustee (Lee Madden and Robert Jursnick) for the NSCA retirement plan.
ADOPTED MOTION:.....That the Board of Directors appoints a new trustee (Lee Madden and Robert Jursnick) for the NSCA retirement plan.
SUPPORTING STATEMENT: That the Board of Directors appoints a new trustee (Lee Madden and Robert Jursnick) for the NSCA retirement plan.

2009-04-24-11 **PASSED**

TOPIC: .....Approval to change JSCR to 12 monthly issues with an increased page count
PROPOSED BY: .....Lee E. Brown
SECONDED BY: .....John P. McCarthy
PROPOSED MOTION: ...That the Board of Directors changes JSCR to a monthly publication beginning July 2009, and increases page count.
ADOPTED MOTION:.....That the Board of Directors changes JSCR to a monthly publication beginning July 2009, and increases page count.
SUPPORTING STATEMENT: JSCR Proposal, Attached

2009-04-24-12 **PASSED**

TOPIC: .....Approval to change General Recommendations for NSCA Awards
PROPOSED BY: .....John McCarthy
SECONDED BY: .....Diane Vives
PROPOSED MOTION: ...That the Board of Directors charges the Executive Director to implement the attached revisions to the General Recommendations for NSCA Awards.
ADOPTED MOTION:.....That the Board of Directors charges the Executive Director to implement the attached revisions to the General Recommendations for NSCA Awards.

SUPPORTING STATEMENT: General Recommendations for NSCA Awards, Dated April 24, 2009, and Justification, Attached

Meeting Adjourned at 9:47 a.m. MST

FINAL MINUTES, APPROVED JULY 8, 2009