Board of Directors Meeting Minutes
Sport-Specific Training Conference Orlando, Florida
Wednesday and Thursday, January 6-7, 2010

THURSDAY, JANUARY 7, 2010

The meeting was called to order at 8:10 AM Eastern Standard Time on Thursday, January 7, 2010, by NSCA President, Dr. Jay R. Hoffman. Participating in the meeting were: Vice President G. Gregory Haff; Secretary/Treasurer Jeff Stout; Karen Ballek; Jill Bush; John McCarthy; Mike Nitka; Juan Carlos Santana; Chat Williams; Executive Director Robert L. Jursnick; Deputy Executive Director Kim Ginter; and Executive Assistant Joni Costa.

MOTIONS:

2010-01-07-01 **Passed by vote of 8 (Ballek absent)**
TOPIC: .....Education: Performance-Enhanced Drug Program for High Schools
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeff Stout
PROPOSED MOTION:.That the Board of Directors charges the Executive Director with creating educational materials for a performance-enhancing drug program for high school professionals.
ADOPTED MOTION:..That the Board of Directors charges the Executive Director with creating educational materials for a performance-enhancing drug program for high school professionals.

2010-01-07-02 **Passed by vote of 8 (Ballek absent)**
TOPIC: .....Education: Performance-Enhanced Nutrition Program for High Schools
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeff Stout
PROPOSED MOTION:.That the Board of Directors charges the Executive Director with creating educational materials for a performance nutrition program for high school professionals.
ADOPTED MOTION:..That the Board of Directors charges the Executive Director with creating educational materials for a performance nutrition program for high school professionals.

MEETING ADJOURNED: 11:40 AM

FINAL MINUTES, APPROVED MARCH 1, 2010

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