Board of Directors Meeting Minutes
Sport-Specific Training Conference Orlando, Florida
Wednesday and Thursday, January 6-7, 2010

WEDNESDAY, JANUARY 6, 2010

The meeting was called to order at 8:50 AM Eastern Standard Time on Wednesday, January 6, 2010, by NSCA President, Dr. Jay R. Hoffman. Participating in the meeting were: Vice President G. Gregory Haff; Secretary/Treasurer Jeff Stout; Karen Ballek; Jill Bush; John McCarthy; Mike Nitka; Juan Carlos Santana; Chat Williams; Executive Director Robert L. Jursnick; Deputy Executive Director Kim Ginter; and Executive Assistant Joni Costa.

MOTIONS:

2010-01-06-01 **Passed unanimously**
TOPIC: .....Minute Approval, October 7, 2009
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....John McCarthy
PROPOSED MOTION:.That the Board of Directors approves the Minutes from the October 7, 2009 Board of Directors Conference Call.
ADOPTED MOTION:..That the Board of Directors approves the Minutes from the October 7, 2009 Board of Directors Conference Call.

2010-01-06-02 **Passed unanimously**
TOPIC: .....Budget Approval 2010-2011
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....John McCarthy
PROPOSED MOTION:.That the Board of Directors approves the 2010-2011 Fiscal Year Budget.
ADOPTED MOTION:..That the Board of Directors approves the 2010-2011 Fiscal Year Budget.

2009-07-08-00 **Passed unanimously (Goes to members for vote)**
TOPIC: .....Bylaws – Changes

PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....John McCarthy
PROPOSED MOTION:.That the Board of Directors approves the recommended changes to the National Strength and Conditioning Association Revised and Restated Bylaws, effective July 11, 2008.
ADOPTED MOTION:..That the Board of Directors approves the recommended changes to the National Strength and Conditioning Association Revised and Restated Bylaws, effective July 11, 2008.

2010-01-06-03 **Passed unanimously**
TOPIC: .....Coach Practitioner Program – Terminated
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....G. Gregory Haff
PROPOSED MOTION:.That the Board of Directors terminates the Coach Practitioner program and incorporate the Assistantship Program into the Registered Coach Program.
ADOPTED MOTION:..That the Board of Directors terminates the Coach Practitioner program and incorporate the Assistantship Program into the Registered Coach Program.

2010-01-06-04 **Withdrawn**
TOPIC: .....NSCA Awards
PROPOSED BY: .....John McCarthy
SECONDED BY: .....G. Gregory Haff
PROPOSED MOTION:.That the Board of Directors charges the Executive Director to implement the approved recommendations from the November 2009 Ad-Hoc Awards Review Committee Report.
COMMENT:.....Recommended changes will be sent back to the Ad-Hoc Committee for further evaluation. Final version to be brought to the Board of Directors at National Conference in July 2010. Approval will be of one award at a time.

2010-01-06-05 **Passed unanimously**
TOPIC: .....Eliminate Hall of Fame
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jeff Stout
PROPOSED MOTION:.That the Board of Directors directs the Executive Director to cease activities related to the proposed Hall of Fame program.

ADOPTED MOTION:..That the Board of Directors directs the Executive Director to cease activities related to the proposed Hall of Fame program.

2010-01-06-06 **Passed unanimously**

TOPIC: .....Coaching Performance Committee Established

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....G. Gregory Haff

PROPOSED MOTION:.That the Board of Directors approves the establishment of a NSCA Coaching Performance Committee.

ADOPTED MOTION:..That the Board of Directors approves the establishment of a NSCA Coaching Performance Committee.

2010-01-06-07 **Passed unanimously as amended**

TOPIC: .....NSCA/NASPE Collaboration

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....John McCarthy

PROPOSED MOTION:.That the Board of Directors approves the collaboration between NSCA and NASPE.

ADOPTED MOTION:..That the Board of Directors appoints an Ad-Hoc committee to review the relationship between NSCA and NASPE, and to provide a report to the NSCA Board of Directors.

2010-01-06-08 **Passed by vote of 8 (Santana absent) as amended**

TOPIC: .....NSCA Foundation Website

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors requires approval by NSCA before changes may be made to the NSCA Foundation website.

ADOPTED MOTION:..That the Board of Directors requires changes to the NSCA Foundation website to be approved by the NSCA Board of Directors.

2010-01-06-09 **Passed by vote of 8 (Santana absent)**

TOPIC: .....Grant Committee Member Approval

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Jill Bush

PROPOSED MOTION:.That the Board of Directors approves two members from the research committee, Chad Kerksick and Joe Weir, and one member from the Foundation Board of Directors, Jeff Stout, as members of the Grant Committee.

ADOPTED MOTION:..That the Board of Directors approves two members from the research committee, Chad Kerksick and Joe Weir, and one member from the Foundation Board of Directors, Jeff Stout, as members of the Grant Committee.

2010-01-06-10 **Passed unanimously as amended**

TOPIC: .....Scholarship Committee Member Approval

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....G. Gregory Haff

PROPOSED MOTION:.That the Board of Directors approves one member each from the high school, college, membership and women's committees, and one from the NSCA Foundation Board of Directors (Joan Eckerson), as members of the Grant Committee.

ADOPTED MOTION:..That the Board of Directors approves one member each from the high school, college, membership and women's committees, and one from the NSCA Foundation Board of Directors (Joan Eckerson), as members of the Scholarship Committee.

2010-01-06-11 **Passed unanimously**

TOPIC: .....Land Purchase

PROPOSED BY: .....Jay R. Hoffman

PROPOSED BY: .....Juan Carlos Santana

PROPOSED MOTION:.That the Board of Directors approves for the Executive Director to pursue the purchase of the land adjacent to NSCA Headquarters; spending no more than $900,000, which is to include the 4% broker fee.

ADOPTED MOTION:..That the Board of Directors approves for the Executive Director to pursue the purchase of the land adjacent to NSCA Headquarters; spending no more than $900,000, which is to include the 4% broker fee.

MEETING WENT INTO EXECUTIVE SESSION: 4:00 PM

MEETING ADJOURNED

FINAL MINUTES, APPROVED MARCH 1, 2010