NSCA Scholarship Application

Scholarships Available

High School Scholarship

Challenge Scholarship

Minority Scholarship

Women's Scholarship

CLICK TO EMAIL APPLICATION »

NSCA™
NATIONAL STRENGTH AND
CONDITIONING ASSOCIATION

www.NSCA.com/foundation/

National Strength and Conditioning Association Foundation Scholarship Program

The purpose of the National Strength and Conditioning Association Foundation (NSCAF) is to support the mission of the National Strength and Conditioning Association by providing funding for educational and research activities that enhance the practical application of strength and conditioning. This packet outlines the available scholarship opportunities. All general and specific guidelines for each respective scholarship are outlined below and should be closely read by the applicant to ensure all guidelines have been met prior to submission.

General Eligibility Requirements

All scholarship applicants must be NSCA Members* at the application deadline (on or before March 15) and must be pursuing careers in strength and conditioning. Applicants are not eligible to win more than one scholarship or grant in any given year; however, applications can be made to more than one program in any given year. Applicants are only eligible to win each award twice and any further applications will not be accepted for that program from the applicant. NSCA employees and their families are ineligible to receive financial awards.

Items judged by the NSCA Review Committee in each application include: Grades/GPA; Courses Completed; Overall Academic Achievement; Strength and Conditioning Experience; NSCA Involvement; Honors and Awards; Community Involvement; Clarity of Essay and Expression of Goals and Financial Need; and Letters of Recommendation.

More specific and/or additional requirements can be found under each category description.

All scholarship applications must be submitted by **March 15**. All applications must be submitted using the "Click to Email Application" button on the application. Incomplete application packets will not be accepted and will not be returned to the applicant. Additional instructions and guidelines are provided in the appendix to this application.

**Excludes Associate Membership*

Current Scholarship Programs

High School Scholarship

The High School Scholarship provides funding to senior high school students preparing to enter college with the intention of graduating with a degree in a strength and conditioning field. Applicants must verify their acceptance into an accredited academic institution for the fall semester via an official letter from their college of choice and have a high school GPA of 3.0 or higher based upon a 4.0 system. For applicants under the age of 18 years, the application form must be signed by a parent or legal guardian (see Appendix A). $1,500 scholarships will be awarded.

Challenge Scholarship

The Challenge Scholarship is given to NSCA Members currently pursuing an undergraduate or graduate degree in a strength and conditioning field. $1,500 scholarships will be awarded.

Minority Scholarship

The Minority Scholarship is designed to encourage minorities, aged 17 years and older, to enter the field of strength and conditioning. Minority is defined as “ethnic minority” according to the Bureau of Census and includes one of five ethnic qualifications: American Indian or Alaska Native, Asian, Black or African American, Native Hawaiian or other Pacific Islander, or Hispanic or Latino. The applicant must demonstrate that they have been accepted into an accredited academic institution and are working toward an undergraduate or graduate degree in the field of strength and conditioning. $1,500 scholarships will be awarded.

Women’s Scholarship

The Women’s Scholarship is designed to encourage women, aged 17 years and older, to enter the field of strength and conditioning. Applicants must demonstrate that they have been accepted into an accredited academic institution and are working toward an undergraduate or graduate degree in the field of strength and conditioning. $1,500 scholarships will be awarded.

Scholarship Application

Last Name, First Initial: _____

Part I

Cover Letter of Application—Use the space below to describe the scholarship(s) you wish to apply for and how you meet the specific criteria outlined above, and please consider that applicants are only eligible to win each award twice. Special mention should also be made regarding the status of your transcripts. (Type or copy and paste into this section. Please be sure to proofread all of your work prior to submission.)

Scholarship Application

Last Name, First Initial: _____

Part I

Applicant Background Information

Scholarship(s) for which you are applying:

- ☐ High School Scholarship
- ☐ Challenge Scholarship
- ☐ Minority Scholarship
- ☐ Women's Scholarship

NSCA Member/Customer Number: _____ Date of NSCA Membership: _____

Last Name: _____ First Name: _____ Initial: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Country: _____

Telephone Number: _____ Fax Number: _____

Email Address: _____

Degree Pursuing: _____ Anticipated Date of Graduation: _____

Date Entered Program: _____ GPA: _____ / 4.0 _____ / 5.0

Scholarship Application

Last Name, First Initial: _____

Part I

Current Resume

Position/Title: _____

Education *(high school through postdoctoral training)*

Institution	Degree	Years	Area of Concentration

Strength and Conditioning Experience *(in chronological order)*

Institution	Area of Concentration	Years

Memberships, Honors, and Certifications *(include previous NSCA Scholarship Awards)*	**Years**

Community Involvement	**Years**

NSCA Involvement	**Years**

Part II

Transcripts—An official transcript must be provided from each school attended. Only transcripts received in sealed envelopes bearing the college/university seal or other official designation will be accepted. Transcripts from institutions in which the student is currently enrolled should reflect classes that have been completed and not those currently in progress by the student. **NOTE: High school transcripts are only necessary for those applying for the High School Scholarship.**

Complete the following information below regarding the schools you have attended.

Name of Institution #1:				
City/State	Dates of Attendance	GPA	Degree	Graduation Date

Name of Institution #2:				
City/State	Dates of Attendance	GPA	Degree	Graduation Date

Name of Institution #3:				
City/State	Dates of Attendance	GPA	Degree	Graduation Date

Name of Institution #4:				
City/State	Dates of Attendance	GPA	Degree	Graduation Date

Name of Institution #5:				
City/State	Dates of Attendance	GPA	Degree	Graduation Date

All transcripts should be mailed to:
NSCA Grants & Scholarships • Attn: Membership
1885 Bob Johnson Dr. • Colorado Springs, CO 80906

Part III • Essay (500 words or less)

Use the space below to describe your personal and professional goals and how receiving this scholarship will assist you in achieving these goals. (Type or copy and paste into this section. Please be sure to proofread all of your work prior to submission.)

Part IV

Recommendations—Each applicant is required to submit three letters of recommendation. Current members of the Scholarship Review Committee and the NSCA Foundation are not eligible to write letters of recommendation.

Letters of Recommendation should be emailed to:

foundation@nsca.com

or mailed to:

NSCA Grants and Scholarships
Attn: Membership
1885 Bob Johnson Dr.
Colorado Springs, CO 80906

Appendix A

Signature of Parent or Legal Guardian for High School Scholarship Applicants under the age of 18 years.

Printed Name: _____

Relationship to Applicant: _____

_____ _____

Signature Date

Appendix B: Instructions for Completing Application

Formatting

- This file is set up to allow you to download and save it using Adobe® Reader® software version 8 or higher. If needed, the software is available for free download at, http://www.adobe.com/.
- This PDF form has one quarter-inch margins on all sides and will only accept Arial font, size 11.
- It is recommended that you prepare your application using these formatting guidelines.
- Only use the allotted space and page restrictions. Any characters that exceed the allotted space will not be seen by the reviewers and subsequently not be evaluated. Attaching additional pages to any section will not be accepted and only the content provided in the allotted space will be evaluated.

Deadline

Only electronic submissions will be accepted. **The deadline is March 15**.

Part I – Cover Letter of Application (pg 1)

Use the allotted space to draft a brief letter describing the scholarship(s) you wish to apply for and how you meet the specific criteria. Special mention should be made regarding the status of your transcripts.

Part I – Applicant Background Information (pg 2)

Scholarship—Indicate the scholarship(s) for which you are applying.

Background Information—Enter the most current and updated background information to facilitate effective communication of your application during the review process.

Students are required to provide: a) what degree they are pursuing, b) their anticipated date of graduation, c) the day/date they entered the program, and d) their current estimated GPA.

Part I – Current Resume (pg 3)

Enter in all required fields to provide a brief biographical sketch of your education, strength and conditioning experience, current memberships and honors, as well as community and NSCA involvement.

Part II – Transcripts (pg 4)

A transcript is required from every school attended or currently being attended. Only official transcripts bearing the university or high school (for High School Scholarship only) seal or other official designation will be accepted from the university or school, **NOT** the applicant. Transcripts should be requested before submission.

All transcripts should be mailed to:

NSCA Grants and Scholarships
Attn: Membership
1885 Bob Johnson Dr.
Colorado Springs, CO 80906

Appendix B: Instructions for Completing Application (*continued*)

Part III – Essay (pg 5)

Provide a descriptive essay. No more than 500 words are accepted for this section.

Part IV – Recommendations (pg 6)

Letters of Recommendation should be emailed to **foundation@nsca.com**, or mailed to:

NSCA Grants and Scholarships
Attn: Membership
1885 Bob Johnson Dr.
Colorado Springs, CO 80906

Appendix A (pg A1)

A signature from a parent or legal guardian for High School Scholarship applicants under the age of 18 years is required.

CLICK TO EMAIL APPLICATION »