Board of Directors Meeting Minutes
Conference Call
Monday, March 1, 2010

The meeting was called to order at 1:05pm Mountain Standard Time on Monday, March 1, 2010, by NSCA President, Dr. Jay R. Hoffman. Participating in the meeting were: Vice President G. Gregory Haff, Jill Bush, John McCarthy, Mike Nitka, Chat Williams, Executive Director Robert L. Jursnick, Deputy Executive Director Kim Ginter, and Executive Assistant Joni Costa.

Absent from the meeting were: Secretary/Treasurer Jeff Stout, Juan Carlos Santana, and Karen Ballek.

MOTIONS:

2010-03-01-01 **PASSED UNANIMOUSLY**

TOPIC: .....Minute Approval, January 6, 2010
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Chat Williams
PROPOSED MOTION:.That the Board of Directors approves the Minutes from the January 6, 2010 Board of Directors Meeting.
ADOPTED MOTION:..That the Board of Directors approves the Minutes from the January 6, 2010 Board of Directors Meeting.
STAFF SUPPORT:.....Kim Ginter

2010-03-01-02 **PASSED UNANIMOUSLY**

TOPIC: .....Minute Approval, January 7, 2010
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the Minutes from the January 7, 2010 Board of Directors Meeting.
ADOPTED MOTION:..That the Board of Directors approves the Minutes from the January 7, 2010 Board of Directors Meeting.
STAFF SUPPORT:.....Kim Ginter

2010-03-01-03 **PASSED UNANIMOUSLY**

TOPIC: .....AOSSM STOP Sports Injuries Collaboration Agreement
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....John McCarthy
PROPOSED MOTION:.That the Board of Directors affirms the electronic vote on the STOP Sports Injuries Collaboration Agreement with AOSSM.
ADOPTED MOTION:..That the Board of Directors affirms the electronic vote on the STOP Sports Injuries Collaboration Agreement with AOSSM.
STAFF SUPPORT:.....Jay Dawes

2010-03-01-04 **TABLED**

TOPIC: .....Replace NSCA Foundation Board Member
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the replacement of Jeff Stout on the NSCA Foundation Board of Directors.
ADOPTED MOTION:..Motion was tabled.
STAFF SUPPORT:.....Lee Madden

2010-03-01-05 **PASSED UNANIMOUSLY**

TOPIC: .....Name change for SSTC Conference
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the recommended name change of the Sport Specific Training Conference (SSTC) to NSCA Coaches Conference.
ADOPTED MOTION:..That the Board of Directors approves the recommended name change of the Sport Specific Training Conference (SSTC) to NSCA Coaches Conference.
STAFF SUPPORT:.....Virginia Meier

2010-03-01-06 **PASSED UNANIMOUSLY**

TOPIC: .....Create Coaching Performance sub-committee
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Jill Bush

PROPOSED MOTION:..That the Board of Directors approves the creation of a Coaching Performance sub-committee, which will recommend speakers and content for the NSCA Coaches Conference.

ADOPTED MOTION:..That the Board of Directors approves the creation of a Coaching Performance sub-committee, which will recommend speakers and content for the NSCA Coaches Conference, and include the NSCA Conference Committee Chair as a liaison to the sub-committee.

STAFF SUPPORT:.....Jay Dawes

2010-03-01-07 **PASSED UNANIMOUSLY AS AMENDED**

TOPIC: .....Add track for coaches to National Conference schedule

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:..That the Board of Directors approves the addition to the National Conference schedule of a Saturday Coaches' Track.

ADOPTED MOTION:..That the Board of Directors approves a Saturday track for coaches at the annual National Conference.

STAFF SUPPORT:.....Virginia Meier

2010-03-01-08 **PASSED UNANIMOUSLY**

TOPIC: .....High School and College SIG meetings

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:..That the Board of Directors approves the rescheduling of the High School and College SIG meetings in order to accommodate coaches who desire to attend both.

ADOPTED MOTION:..That the Board of Directors approves the rescheduling of the High School and College SIG meetings in order to accommodate coaches who desire to attend both.

STAFF SUPPORT:.....Curtis Lords

2010-03-01-09 **PASSED UNANIMOUSLY**

TOPIC: .....Coaching Awards Ceremony

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Greg Haff

PROPOSED MOTION:..That the Board of Directors approves that a Coaching Awards Ceremony or Coaching Awards Luncheon be held at the January conference.

ADOPTED MOTION:..That the Board of Directors approves that a Coaching Awards Ceremony or Coaching Awards Luncheon be held at the January conference.
STAFF SUPPORT:.....Curtis Lords

2010-03-01-10 **PASSED UNANIMOUSLY**
TOPIC: .....Change name of High School Professional of the Year Award
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the name change of High School Strength and Conditioning Professional of the Year Award to High School Strength and Conditioning Coach of the Year Award.
ADOPTED MOTION:..That the Board of Directors approves the name change of High School Strength and Conditioning Professional of the Year Award to High School Strength and Conditioning Coach of the Year Award.
STAFF SUPPORT:.....Curtis Lords

2010-03-01-11 **PASSED UNANIMOUSLY**
TOPIC: .....Change name of College Professional of the Year Award
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the name change of College Strength and Conditioning Professional of the Year Award to College Strength and Conditioning Coach of the Year Award.
ADOPTED MOTION:..That the Board of Directors approves the name change of College Strength and Conditioning Professional of the Year Award to College Strength and Conditioning Coach of the Year Award.
STAFF SUPPORT:.....Curtis Lords

2010-03-01-12 **PASSED UNANIMOUSLY**
TOPIC: .....Appoint a chair for the Coaching Performance Awards sub-committee
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Greg Haff

PROPOSED MOTION:.That the Board of Directors approves the appointment of Jon Jost to chair a Coaching Performance Awards sub-committee, which will work with the NSCA Awards Committee to establish additional coaching awards.

ADOPTED MOTION:..That the Board of Directors approves the appointment of Jon Jost to chair a Coaching Performance Awards sub-committee, which will work with the NSCA Awards Committee to establish additional coaching awards.

STAFF SUPPORT:.....Curtis Lords

2010-03-01-13 **PASSED UNANIMOUSLY**

TOPIC: .....Video/commercial creation for website

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors charges the Executive Director to create a video/commercial for the Coaches Conference, similar to the video/commercial that was created for the National Conference.

ADOPTED MOTION:..That the Board of Directors charges the Executive Director to create a video/commercial for the Coaches Conference, similar to the video/commercial that was created for the National Conference.

STAFF SUPPORT:.....Keith Cinea

2010-03-01-14 **PASSED UNANIMOUSLY AS AMENDED**

TOPIC: .....Coaching Performance sub-committee

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors approves the creation of a Coaching Performance sub-committee which will identify individuals who will develop six Registered Coach Modules. The sub-committee would consist of the following members: Greg Haff as Chair, Bill Kraemer, Jay Hoffman, Matt Krause, John Garhammer, Meg Stone, John McCarthy, and Jay Dawes as Staff Liaison.

ADOPTED MOTION:..That the Board of Directors approves the creation of a Coaching Performance sub-committee which will identify individuals who will develop six Registered Coach Modules. The sub-committee would consist of the following members: Greg Haff as Chair, Bill Kraemer, Jay

Hoffman, Matt Krause, John Garhammer, Meg Stone, *Jill Bush,* John McCarthy, and Jay Dawes as Staff Liaison.

STAFF SUPPORT:.....Boyd Epley/Jay Dawes

2010-03-01-15 **PASSED UNANIMOUSLY**

TOPIC: .....Name change for College Strength and Conditioning Professional SIG

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors approves the name change of the College Strength and Conditioning Professional SIG to College Strength and Conditioning Coaches SIG.

ADOPTED MOTION:..That the Board of Directors approves the name change of the College Strength and Conditioning Professional SIG to College Strength and Conditioning Coaches SIG.

STAFF SUPPORT:.....Curtis Lords

2010-03-01-16 **PASSED UNANIMOUSLY**

TOPIC: .....Name change for College Strength and Conditioning Professional Forum

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors approves the name change of the College Strength and Conditioning Professional Forum to College Strength and Conditioning Coaches Forum.

ADOPTED MOTION:..That the Board of Directors approves the name change of the College Strength and Conditioning Professional Forum to College Strength and Conditioning Coaches Forum.

STAFF SUPPORT:.....Curtis Lords

2010-03-01-17 **PASSED UNANIMOUSLY**

TOPIC: .....Name change for High School Strength and Conditioning Professional SIG

PROPOSED BY: .....Jay R. Hoffman

SECONDED BY: .....Mike Nitka

PROPOSED MOTION:.That the Board of Directors approves the name change of the High School Strength and Conditioning Professional SIG to High School Strength and Conditioning Coaches SIG.

ADOPTED MOTION:..That the Board of Directors approves the name change of the High School Strength and Conditioning Professional SIG to High School Strength and Conditioning Coaches SIG.

STAFF SUPPORT:.....Curtis Lords

2010-03-01-18 **PASSED UNANIMOUSLY**

TOPIC: .....Name change for High School Strength and Conditioning Professional Forum
PROPOSED BY: .....Jay R. Hoffman
SECONDED BY: .....Mike Nitka
PROPOSED MOTION:.That the Board of Directors approves the name change of the High School Strength and Conditioning Professional Forum to High School Strength and Conditioning Coaches Forum.
ADOPTED MOTION:..That the Board of Directors approves the name change of the High School Strength and Conditioning Professional Forum to High School Strength and Conditioning Coaches Forum.
STAFF SUPPORT:.....Curtis Lords

BOARD OF DIRECTORS WENT INTO EXECUTIVE SESSION AT 2:00PM

FINAL MINUTES, APPROVED JULY 14, 2010