

Youth Special Interest Group

Youth Annual Meeting

2010 NSCA National Conference

Thursday, July 15, 2010 ~ 1:00pm– 2:30pm

Europe 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

Minutes

1. Recap of 2010 and Purpose of SIG:
 - The Youth SIG had proposed a general session for the 2010 National Conference. There was some confusion as to when the session would occur, so the presentation was tabled until 2011.
 - The Forum has been pretty much out of commission this year so communication with SIG members has been limited. NSCA has plans in place to bring back the Forum even bigger and better in 2010-2011. Members are asked to give the new system 3-4 months to get up and running properly.
 - Youth SIG membership numbers are excellent and we are excited that so many members are interested in the dissemination of information on youth fitness.
2. Youth Symposium September 24 and 25, 2010
 - This is an NSCA event and we encourage as many members as possible to attend the Youth Symposium in Chicago.
3. Plans for 2011 National Conference, including speaker at Youth SIG meeting
 - Consensus among attendees to continue to pursue the session planned for 2010, perhaps focusing on Coaching Performance overall and how training programs for youth contributes to athlete success
 - Members of the Youth SIG were encouraged to submit a proposal to present at the 2011 Youth SIG meeting and/or recommend a presenter. Larry Meadors has been recommended to present.
4. Items of Interest to Youth SIG members and 5. Suggestions for 2011 Activities
 - Executive Council vacancies: the procedures and requisites for serving on a SIG Executive Council were presented. Pat Cullen-Carroll, a middle school PE teacher in California and active advocate of Weightlifting, was nominated. Pat accepted. Congratulations and welcome Pat!
 - Newsletter: The Youth SIG would like to distribute at least two e-newsletters to Youth SIG members this year. Please share with us your articles, ideas for information, etc. so that we may produce a newsletter that serves your needs and interests.
 - Journals: At the SIG Chair meeting, it was discussed that each SIG could pursue a Journal specific to the SIG, such as has occurred for Baseball and Nutrition. We can contact Jeff Chandler, Editor of SCJ and/or Keith Cinea, Editor of PTJ.
5. Headquarters follow-up
 - Assistance with SCJ and/or PTJ Special Edition
 - Coaching Performance for Youth/Middle School block of sessions at 2011 National Conference

- Additional organization outreach/involvement in national movements
 - i. Let's Move
 - ii. National Physical Activity Plan
 - iii. AAHPERD/NASPE
 - iv. White papers
 - v. Representation at meeting between NASPE and President's Council on Development of National Youth Fitness Test

Submitted by: Rick Howard, on behalf of the Youth SIG, August 2010