

Weightlifting Special Interest Group (SIG)

Weightlifting Annual Meeting

2010 NSCA National Conference

Thursday, July 15, 2010~1:00pm-2:30pm

Asia 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

The meeting was called to order by Chairperson Bob Takano at 1:08pm.

The sign in sheet was passed around and signed by the 27 members present. Within that group were members-at-large: Dave Miller and Mike Favre. Dave Miller was designated as Secretary in lieu of Sean Waxman.

Bob Takano reported on the SIG Chairpersons meeting earlier in the day. He informed them that the NSCA is currently in the process of re-vamping the website and employing new software for the forums which have seen a recent downturn in activity. The NSCA's position is that the forums are the lifeblood of the SIG's and they must be kept active. There was some discussion at the SIG chair meeting over the types of materials that could be sent out by the SIG's. There was also discussion as to whether sponsorship of the SIG's was a possibility. That issue would have to be decided by the new Executive Director.

Bob also requested that any activities by SIG members that promote education regarding weightlifting be submitted to him so that they can be included in the SIG news section of the Takano Athletics newsletter. The group by consensus agreed to have that newsletter serve as the group's communication organ.

The issue of technical competitions was brought up and no definitive conclusion was reached. Todd Baden volunteered to include a current contest calendar within the newsletter should these contests develop.

The possibility of a Technical Clinic at the next NSCA conference was discussed.

Bob reported that the NSCA guidelines limited the term of a SIG chair to be 3 years and that 2010-2011 would be his third year in the program.

The meeting was adjourned at 1:25pm.

*Respectfully submitted- Dave Miller