

## **Weightlifting Special Interest Group**

Weightlifting SIG Annual Meeting

2009 NSCA National Conference

Thursday, July 9, 2009 ~ 12:00-1:00pm

Versailles ½, Paris Hotel, Las Vegas, Nevada

### **Meeting Agenda**

- I. Call to order
- II. Reading of Minutes
- III. Chairperson's report
- IV. Vice-Chairperson's report
- V. Old Business
  - A. Publications and Presentations
  - B. Speakers Directory
  - C. Newsletter
- VI. New Business
  - A. New Types of Clinics
    1. Attached to an existing meet
    2. Discount with athletes
  - B. Technical meets
- VII. Closing

### **Weightlifting Purpose Statement**

The purpose of the WL-SIG is to bring together NSCA members interested in promoting weightlifting in strength and conditioning. The WL-SIG provides a forum for interested individuals to learn and share their experiences and knowledge in the study and practice of weightlifting in strength and conditioning.

### **Weightlifting Executive Council**

Chair: Bob Takano ~ [info@takanoathletics.com](mailto:info@takanoathletics.com)

Sean Waxman ~ [info@purestrength.com](mailto:info@purestrength.com)

Todd Baden ~ [toddbaden@yahoo.com](mailto:toddbaden@yahoo.com)

Mike Favre ~ [mike.favre@usoc.org](mailto:mike.favre@usoc.org)

Eric Burkhardt ~ [liftheavyweightsfast@hotmail.com](mailto:liftheavyweightsfast@hotmail.com)