

The 2007 Sports Medicine/Rehabilitation Meeting
2007 NSCA National Conference & Exhibition
Saturday, July 14, 2007
9:00-10:00am
Paulding Room, Atlanta Hilton Hotel
Atlanta, Georgia

2007 Meeting Minutes

Terry Grindstaff started the meeting at 9:05am.

1. Introduction

- Sports Medicine/Rehabilitation SIG
 - Discussed purpose and mission of the SIG.
- Founding Executive Council members introduced:
 - Terry Grindstaff
 - David Potach
 - Joe Hewgley
- Discussed that official SIG formation is contingent on NSCA Board of Directors approval.
- Asked members in attendance to sign attendance sheet.

2. Determine interest in forming a group (2-3) responsible for the development and submission of Sports Medicine/Rehabilitation SIG Guidelines

- Discussed development of SIG Executive Council
 - Will utilize founding members and 2-3 other volunteers to form initial Executive Council. After development of guidelines these will be positions which are voted on by the membership.
- A draft of SIG Guidelines will be written by Jill Grindstaff, Lisa Limper, and Terry Grindstaff.

3. NSCA Sports Medicine/Rehabilitation Professional of the Year Award

- No award was given in 2006 and the 2007 award was given to Dan Wathen.
 - This award is currently reviewed and selected by ad-hoc committee, but criteria and who is on the ad-hoc committee was unknown.
- Discussed the possibility that the Sports Medicine/Rehabilitation SIG would assist in the process.
 - Joe Hewgley volunteered to contact the National Headquarters to learn more about this process and see how the SIG can become more involved.

4. Discussed the possibility of putting together a pre-conference symposium. Ideally a pre-conference symposium with a broad application to the NSCA membership is ideal. Two broad topics were discussed: lower extremity (including ACL) injury prevention programs and assessment of post-rehabilitation clients.

- Mark Benedict, Karyn Gallivan, Brent Hextell, and Mack Rubley volunteered to take on this project.
- The National Headquarters has indicated that this would be due January 2008 and would be reviewed at the 2008 National Conference in Las Vegas,

Nevada. The earliest the SIG could host a pre-conference symposium would be the 2009 National Conference in Las Vegas, Nevada.

5. Terry Grindstaff asked members to submit relevant articles to *Strength and Conditioning Journal*. This will provide a resource for all NSCA members and reflect in a positive manner on the SIG.

6. Open Floor

- Discussed with Christina Klingensmith the development of the Sports Medicine/Rehabilitation SIG website and forum.
 - This will serve to attract interested members and convey information regarding SIG
 - Lisa Limper volunteered to serve as the forum moderator.
- Terry Grindstaff asked members of Sports Medicine/Rehabilitation SIG in attendance to spread the word about the SIG when they return to work this week to build membership.
 - David Potach agreed to contact the National Headquarters regarding the possibility of a Press Release to officially indicate the formation of the Sports Medicine/Rehabilitation SIG.
 - Autumn Grey is the contact person at the National Headquarters who handles press releases.

Meeting adjourned at 10:00am. Next meeting will be held at the 2008 NSCA National Conference and Exhibition in Las Vegas, Nevada.