

GUIDELINES OF SPORTS MEDICINE/REHABILITATION SPECIAL INTEREST GROUP NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

Article I. NAME

The name of this organization is the Sports Medicine/Rehabilitation Special Interest Group, hereinafter referred to as the SIG, of the National Strength and Conditioning Association, hereinafter referred to as the NSCA.

Article II. GENERAL PROVISIONS

Section 1: Mission Statement

The mission of the Sports Medicine/Rehabilitation Special Interest Group (SIG) is to provide a forum to discuss related topics, network with other NSCA members, and disseminate information within and outside of the NSCA.

Section 2: Intent

The intent of the Sports Medicine/Rehabilitation Special Interest Group (SIG) is to promote this specialty area to NSCA members who are involved in Sports Medicine/Rehabilitation or individuals interested in related issues. Membership may include, but not limited to, physical therapists, athletic trainers, students of related fields, and other health related professionals (e.g., sports trained physicians and chiropractors). The Sports Medicine/Rehabilitation SIG will serve its members and members of the NSCA, as well as the public and consumers by working within the mission of the NSCA to bridge the gap not only between research and practice, but between traditional rehabilitation concepts and strategies that take advantage of strength and conditioning principles.

Article III. FUNCTIONS

The functions of the SIG shall be to

1. Serve as a resource for NSCA members who are involved in Sports Medicine/Rehabilitation or individuals interested in related issues.
2. Maintain communication and cooperation with other fitness and healthcare professionals, agencies, and professional associations of mutual interest.
3. Provide assistance in coordination and planning of educational offerings to allow NSCA membership to improve existing professional skills and knowledge.
4. Schedule and hold meetings to allow for identification of concerns of the membership and develop plan of action

Article IV. MEMBERSHIP

Section 1: Rights

The rights and privileges of the SIG membership shall be identical to those established by the NSCA.

Members shall be allowed one vote each in the election of the Executive Council, or on any other matters that are put to a vote of the general membership.

Section 2: Admission of Membership

1. Each member of the SIG must be a current member of the NSCA. The National Headquarters maintains the SIG member lists.

2. Members may currently join a SIG using their name and NSCA member ID #:
 1. Through the NSCA website space allocated to each SIG by the National Headquarters
 2. By contacting the SIG Chair directly
3. To maintain updated records it is the responsibility of the SIG Chair to forward the lists of individuals interested in joining the SIG to the National Headquarters. Upon receipt of this list the National Headquarters will verify NSCA membership and each individuals name will be added to the SIG database.

Article V. MEETINGS

Section 1: NSCA Annual Meeting

The SIG will conduct an Annual Meeting at the NSCA Annual Meeting. Prior to the meeting an agenda will be submitted to the National Office. The National Office will distribute to agenda to SIG members prior to the meeting. The agenda will provide formal notification of meeting location, date, and time.

Section 2: Meeting Minutes

Annual Meeting minutes will be forwarded to the NSCA National Office within 30 days of the SIG meeting. The minutes will be posted on the NSCA website for SIG members. Approval or amendment of previous meeting minutes will occur at next meeting

Section 3: Conduct of Business

1. All meetings of the SIG shall be governed by the parliamentary rules and usage contained in the current edition of Robert's Rules of Order Newly Revised.
2. All legislative and elective powers and authority of determine policies of the SIG including the power to amend or repeal these guidelines are vested in the voting body. The body shall elect the Executive Council officials, in person, by mail, or electronic ballot (Article VIII).
3. A quorum at any general meeting of the SIG shall consist of at least 15 members. A quorum at any meeting of the Executive Council or any authorized and recognized group shall consist of three-fifths of the members present except as specifically denoted elsewhere in this document.
4. All elections shall require majority approval. In the event a quorum at any meeting is not present majority shall be defined as obtaining approval from three-fifths of the members present.

Article VI. EXECUTIVE COUNCIL

The Executive Council consists of comprised of five duly elected Sports Medicine/Rehabilitation SIG members who shall govern the organization. The positions include; Chair, Vice Chair, Secretary/Treasurer, and two Representative-At-Large Executive Council Members.

Section 1: Qualification

Only current members of the SIG, who have consented to serve, shall be eligible for election to office.

Section 2: Tenure

1. The term of each Executive Council Member shall be three years or until the election of their successors.

2. Members of the Executive Council shall assume office at the end of each Annual Conference.
3. No Executive Council Member shall serve more than two complete consecutive terms.

Section 3: Duties

The Executive Council shall, in addition to the duties otherwise imposed by these guidelines

1. Carry out the mandates and policies of the SIG determined by the membership.
2. Direct business and financial affairs on behalf of the SIG, be responsible for all financial matters, if applicable.
3. Create and appoint all special advisory committees necessary to complete SIG business, with approval of the Executive Council.
4. Approve the program time and place of the team and other meetings.
5. Maintaining regular communication with the SIG members, the NSCA BOD Liaison, and the National Headquarters Liaison.
6. Ensuring that communications include meeting announcements, updated lists of individuals interested in joining the SIG, any changes regarding the SIG officers, and an annual report at the end of each fiscal year (May 1)
7. Share information received from the NSCA, which is presented to the SIG for consultation or discussion.

Section 4: Vacancies

In the event that the Chair is not able to complete his/her responsibilities, the Vice-Chair will fill in the unexpired term. For the remaining members of the Executive Council, any vacancy will be filled by the appointment from the remaining members of the Executive Council. If any vacancy occurs during the first year of office, then a special election will be held replacing that person.

Article VII. OFFICERS

Section 1: Chair

The Chair shall preside at all meetings of the membership and Executive Council. Reports and meeting agendas requested by the NSCA shall be submitted by the Chair. The Chair will also serve as a SIG representative at the SIG Chair meeting held at the Annual Meeting. The Chair shall serve as the official spokesperson of the Sports Medicine/Rehabilitation SIG.

Section 2: Vice-Chair

The Vice-Chair shall assume the duties of the Chair if that person is absent or incapacitated.

Section 3: Secretary/Treasurer

The Secretary/Treasurer will be responsible for maintaining record of all meetings including Annual Meeting and Executive Council meetings. He or she will submit meeting records and minutes to the Chair. The Secretary/Treasurer will also be responsible for reporting SIG information to the membership via electronic or printed (i.e. NSCA Bulletin) materials. As needed this person will also be responsible for SIG funds, transactions, and SIG sponsorship.

Section 4: Representative-At-Large Member

The Representative-At-Large Executive Council Members will assist the Executive Council in formulating yearly plans, provide support to members of the Executive Council, and carry out other duties delegated by the Chair.

Article VIII. ELECTIONS

1. Executive Council members shall be elected by simple majority vote by the Sports Medicine/Rehabilitation SIG membership (Article V, Section 3). This election will be held at the Annual Meeting.
 - a. In the event an election is not held at the Annual Meeting the membership shall elect the Executive Council officials, by mail or electronic ballot.
2. Nominations for Executive Council shall be obtained at the SIG Annual Meeting.
 - a. Only current members of the SIG, who have consented to serve, shall be eligible for election to office.

Article IX. AMENDMENT TO GUIDELINES

These guidelines may be amended, altered, supplemented or replaced by a majority vote by SIG members as defined in *Article V, Section 3*. Modifications shall require written notice of the amendment up for consideration and will be sent to all members with the Annual Meeting Agenda prior to the annual meeting.

Article X. NSCA AS HIGHER AUTHORITY

In addition to these guidelines, the SIG is governed by the NSCA Bylaws and by NSCA policies.