

## **COLLEGE STRENGTH AND CONDITIONING PROFESSIONAL (CSCP) SPECIAL INTEREST GROUP**

College Strength and Conditioning Professional Annual Meeting  
2010 NSCA National Conference  
Friday, July 16, 2009 ~ 8:00am-10:00am  
Asia 3, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

Jon Jost called the meeting to order at 8:00 am on July 16<sup>th</sup>. Please find the sign in sheet attached of those in attendance. Boyd Epley was also in attendance of assist with the topics discussed on the agenda.

### **Agenda**

1. Changes to the Strength Coach of the Year Award  
Jon informed those in attendance that the NSCA Professional of the Year Award has been changed to the NSCA Coach of the Year Award. There also have been a few other changes regarding the award to allow SIG members to have some input to the recipient. This format will be explained in an SIG newsletter, but includes a vote by SIG members to determine the winner from the finalist.
2. Jon also informed those in attendance that the NSCA would be adding an Assistant Strength Coach of the Year Award. The candidates for this award will be nominated Head Strength Coaches. The process for this award will follow the same format as the Coach of the Year Award.
3. The importance of attending the NSCA Coaches Conference Jan 7 – 8 was also discussed. Jon explained the NSCA has changed the name of the January conference from the Sports Specific conference to the Coaches Conference with the strategy of designing the conference of specifically meet the needs of coaches.
4. Boyd explained the development of the registered coach and the importance of coaches becoming registered. He explained the importance of the NSCA having a credential superior the CSCS that included experience and a greater level of expertise.
5. Those in attendance made the following questions, concerns and recommendations.
  - a. Including someone from the youth SIG on the coaches committee
  - b. Unqualified individuals being hired as Strength Coaches at Colleges and Universities. Boyd talk about the challenges of the NCAA requiring Universities to make being CSCS or a registered coach a requirement.
  - c. The future role of the NSCA with Strength Coaches.

The meeting adorned at approximately 9:00 am.