

Personal Trainers Special Interest Group

Personal Trainers Annual Meeting
2010 NSCA National Conference
Friday, July 16, 2009 ~ 8:00am-10:00am
Asia 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

Meeting Agenda

1. Welcome & introduction
2. Past year's work review
 - There was a vacancy on the Executive Council Chat Williams' appointment to the BOD
 - Anoop Balachandran was appointed to this position and will hold position as interim until 7/15/2011.
 - Anoop will also serve as the PTSIG Forum Moderator
 - Personal Trainer of the Year -continued modification of criteria.
 - Further explanation:
 - An NSCA Board-appointed Ad-Hoc Awards Review Committee recently reviewed the selection processes and materials associated with the NSCA Awards, including the PTOY award.
 - What we will see with this award is a better evaluation of each candidates "personal training" skills & practice.
 - The suggestions from the Ad Hoc Committee were reviewed by the Executive Council and submitted for further review.
 - There were no eligible nominees this year for the *Personal Trainer of the Year* award.
 - Let's make it a goal of ours for each member of the PTSIG to nominate at least one candidate for this award. There are many deserving Personal Trainers out there.
3. Increased Activity on the Personal Trainer Forum
Added Moderator on Forum --Thanks to Anoop Balachandon for his work there. The forum has seen a great increase in activity.
4. Executive Committee Elections
 - There are five (5) open seats on the PT Executive Council
 - Sign up sheets are available to collect names of individuals who might be interested in volunteering to sit on the council.
 - resumes will be collected and reviewed by the executive council, then voted upon by the PTSIG
5. PTSIG projects & call to action:
 - input from membership

Personal Trainers Purpose Statement

Serves as the collective voice of NSCA members engaged in the profession of personal training; and supports the education, careers, professional networking, and involvement with the NSCA of its members.

Personal Trainers Executive Council

Chair: Karyn Gallivan, MS, ATC, CSCS, NSCA-CPT ~ Karyn@up2mefitness.com

Jill Grindstaff, , CSCS*D, NSCA-CPT*D ~ jbgrindstaff@juno.com

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Jeff Segal ~ jeff@balancedpersonaltraining.com
Shane Domer ~ sdomer@theoptimalathlete.com
Immediate-Past-Chair: Mark Nutting