

The 2008 NMBC SIG Meeting at the NSCA National Conference

Thursday, July 10, 2008

Meeting Agenda

1. Welcome and Sponsor Discussion

- ☀ SIG Position on Supplement Sponsors
- ☀ Possible Sponsors

2. NMBC SIG Chair Overview

- ☀ PDF Newsletters
- ☀ Web Site for regulations, requirements, and contacts created
- ☀ There are more Nutrition Sessions at the National Convention this year
- ☀ Creating a survey to be done before the end of the year

3. Executive Council Introductions and Comments

- ☀ Almost all of the members on the NMBC executive committee are new. Each NMBC SIG Executive Council Member in attendance will be introduced and given an opportunity to make comments about their role this past year with the SIG.

4. Speed Networking/Brainstorming

- ☀ The members will break into groups of 5 or 6 and begin to brainstorm ideas that can be done in the coming year. All ideas are accepted!
- ☀ Each group can exchange cards and contact info during this time.
- ☀ One person will be the secretary and then share with the group their 2 best ideas. They will also create a written list to be given to the EC.

Executive Council

Will Stern, MEd, MS, CSCS - Chair
Will-Stern@utc.edu

Sue Graves, EdD - Vice Chair
sgraves@fau.edu

Kim Archer, EdD - Treasurer
archerk@sfasu.edu

Beth Marshall, MS, RD, CSCS, LD, CDN - Secretary
AEMarshall04@aol.com

Christopher Mohr, PhD, RD - Speaker/Editor
chris@mohrresults.com

Dale Wagner, PhD, CSCS - Research
dale.wagner@usu.edu

Marie Spano, MS, RD - Standards of Practice
mariespano@comcast.net

NMBC SIG Purpose: NMBC's purpose is to help fellow NSCA members apply research based information within the fields of nutrition, metabolism and body composition as it relates to improving athletic performance and fitness.

As a constructive member of the NSCA SIG community, NMBC will aid fellow NSCA members in their efforts to provide well-informed advice to their clients.

NMBC will also work to help fellow NSCA members identify educational and certification opportunities that will allow them to further their scope of practice in these very popular areas that are rapidly approaching reimburse-ability.

While NMBC has no desire to monitor fellow NSCA Member qualifications for scope of practice, NMBC will help fellow NSCA members recognizing the state-by-state liabilities associated with Medical Nutritional Therapy Licensure that legally limits scope of practice with diseased populations.