

Nutrition, Metabolism, and Body Composition (NMBC) SIG

NMBC Annual Meeting
2010 NSCA National Conference
Friday, July 16, 2009 ~ 2:30pm-4:00pm

Attendees: Will Stern, MS, CSCS - Chair
Sue Graves, EdD – Vice Chair
Beth Marshall, MS, RD, CSCS – Secretary
Christina Klingensmith – NSCA Membership Manager

1. Introduction
 - Introductions of Executive Committee Members present and record of attendees recorded. (See attached.)
2. Discussed website for state nutrition regulation, requirements, and contacts is available on the NSCA website. Through this website, NMBC helps fellow NSCA members recognize the state-by-states liabilities associated with the Medical Nutritional Therapy Licensure that legally limits scope of practice with diseased populations.
3. New SIG Forums
 - NSCA has been asked to allow SIGs to beta test the new forums before giving full access to all members of NSCA.
 - NMBC will need a volunteer to be the moderator of our forum.
4. Presentation “Kid’s Nutrition: Why it is important?” by Will Stern.
 - A copy of this presentation as well as related resources is available at <http://www.super-super.com/orlando>.
5. Executive Council Position Open
 - Two openings on the Executive Council opened. Christopher Mohr and Marie Spano are both being rotated off the Council.
 - Attendees were asked to volunteer to fill these positions. Prior to this meeting there were no other members who wished to be considered for either of these positions. Several attendees volunteered and thus a member vote on a paper ballot was executed.
 - New Executive Council members were encouraged annual meeting attendance to maximize effectiveness.
 - The new Executive Council members are: Dawn Anderson and Bill Campbell.
6. Future Goals
 - The NMBC SIG is looking into having a nutrition presentation as part of an Annual Meeting Preconference Event. Details are pending.

Minutes submitted by: Beth Marshall