

Nutrition, Metabolism, and Body Composition (NMBC) SIG

NMBC Annual Meeting

2010 NSCA National Conference

Friday, July 16, 2009 ~ 2:30pm-4:00pm

Europe 7, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

Meeting Agenda

1. What is ahead for 2010: Update pre-con with the Youth SIG or a NMBC only pre-con.
2. Web Site for regulations, requirements, and contacts updated on the NSCA website.
3. There are two pre-cons and five Nutrition and/or Body Composition Sessions at the National Convention.
4. Introduction of Executive Council Members in attendance.
5. Information regarding openings on the Executive Council and how to apply.
6. Meeting Topic: **Kid's Nutrition: Why it is Important!** This will give you tips, ideas and what is happening on the national level regarding Kid's Nutrition. There will be time for questions.

NMBC SIG Purpose Statement

NMBC's purpose is to help fellow NSCA members apply research based information within the fields of nutrition, metabolism and body composition as it relates to improving athletic performance and fitness.

As a constructive member of the NSCA SIG community, NMBC will aid fellow NSCA members in their efforts to provide well-informed advice to their clients.

NMBC will also work to help fellow NSCA members identify educational and certification opportunities that will allow them to further their scope of practice in these very popular areas that are rapidly approaching reimburse-ability.

While NMBC has no desire to monitor fellow NSCA Member qualifications for scope of practice, NMBC will help fellow NSCA members recognizing the state-by-state liabilities associated with Medical Nutritional Therapy Licensure that legally limits scope of practice with diseased populations.

NMBC Executive Council

Will Stern, MEd, MS, CSCS – Chair ~ Will-Stern@utc.edu

Beth Marshall, MS, RD, CSCS, LD, CDN – Secretary ~ AEMarshall04@aol.com

Sue Graves, EdD - Vice Chair ~ sgraves@fau.edu

Christopher Mohr, PhD, RD - Speaker/Editor ~ chris@mohrresults.com

Kim Archer, EdD – Treasurer ~ archerk@sfasu.edu

Marie Spano, MS, RD - Standards of Practice ~ mariespano@comcast.net