



National Strength and Conditioning Association

NUTRITION, METOBOLISM, AND BODY COMPOSITION SPECIAL INTEREST GROUP (NMBC SIG)

June 2007 Enewsletter

Come Join Us!

The 2007 NMBC SIG Meeting
2007 NSCA National Conference & Exhibition
Friday, July 13, 2007
5:00-6:00pm
Cobb/Clayton Room, Atlanta Hilton Hotel
Atlanta, Georgia

2007 Meeting Agenda

- 1. Welcome and Sponsor Introductions**
 - If a representative of Life Measurement is in attendance we will give them a moment to address the group in appreciation for their financial support.
 - Disclosure on SIG Position on Supplement Sponsors.
- 2. NMBC SIG Chair Overview**
 - Dave Ellis will briefly take the group through the purpose and desired outcomes of the NMBC SIG.
 - Members will be asked to aid in stimulation of topics for speakers for National Conference, State level meetings, Pre-Conference Symposia, and NSCA publications.
 - Stimulate nominees for elections and work with the research committee on an ad hoc basis for programs, grants, awards, position statements, and substance abuse.
- 3. Available Member Communications**
 - Members will be made aware of the ways the SIG communicates with them including: annual meetings, quarterly newsletters, web forum, and the website.
- 4. Executive Council Introductions and Comments**
 - Each NMBC SIG Executive Council Member in attendance will be introduced and given an opportunity to make comments about their role this past year with the SIG and what positions are open and who the nominees are.
- 5. On-site Vote for Vacant Positions**
 - Member ID's will be cross checked to ensure no double votes that had been previously collected electronically with the goal of announcing the winners by the end of the meeting.

6. **Speaker Introduction**

- William Kraemer, PhD, CSCS, FNSCA to speak on Workout Quality, Adaptations, and Protein Supplementation

7. **Announce Election Results and Adjourn Meeting**



Sponsors of the NSCA Nutrition, Metabolism, and Body Composition SIG

NMBC Purpose – NMBC’s purpose is to help fellow NSCA members apply research based information within the fields of nutrition, metabolism and body composition as it relates to improving athletic performance and fitness. As a constructive member of the NSCA SIG community, NMBC will aid fellow NSCA members in their efforts to provide well-informed advice to their clients. NMBC will also work to help fellow NSCA members identify educational and certification opportunities that will allow them to further their scope of practice in these very popular areas that are rapidly approaching reimburse-ability. While NMBC has no desire to monitor fellow NSCA Member qualifications for scope of practice, NMBC will help fellow NSCA members recognizing the state-by-state liabilities associated with Medical Nutritional Therapy Licensure that legally limits scope of practice with diseased populations.

NMBC Executive Council

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