

Meet the Nutrition, Metabolism, and Body Composition (NMBC) Special Interest Group (SIG)

Will Stern, MEd, MS, CSCS - Chair
Will-Stern@utc.edu

B. Sue Graves, EdD - Vice Chair
sgraves@fau.edu

Kim Archer, EdD - Treasurer
archerk@sfasu.edu

Beth Marshall, MS, RD, CSCS - Secretary
AEMarshall04@aol.com

Christiopher Mohr, PhD, RD - Speaker/Editor
chris@mohrresults.com

Dale Wagner, PhD, CSCS - Research
dale.wagner@usu.edu

Marie Spano, MS - Standards of Practice
mariespano@comcast.net

NMBC SIG Purpose: NMBC's purpose is to help fellow NSCA members apply research based information within the fields of nutrition, metabolism and body composition as it relates to improving athletic performance and fitness. As a constructive member of the NSCA SIG community, NMBC will aid fellow NSCA members in their efforts to provide well-informed advice to their clients. NMBC will also work to help fellow NSCA members identify educational and certification opportunities that will allow them to further their scope of practice in these very popular areas that are rapidly approaching reimburse-ability. While NMBC has no desire to monitor fellow NSCA Member qualifications for scope of practice, NMBC will help fellow NSCA members recognizing the state-by-state liabilities associated with Medical Nutritional Therapy Licensure that legally limits scope of practice with diseased populations.