

## 2010 High School Coaches Meeting Minutes

2010 NSCA National Conference

Friday, July 16, 2009 ~ 2:30pm-4:00pm

Asia 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

The meeting was called to order by Patrick McHenry (SIG chairman) at 2:35. There were 24 members in attendance as well as 3 committee members (Kevin Vanderbush, Dr. Larry Meders, Ian Jefferies) our board representative (Mike Nitka), Boyd Epley and Curtis Lords. (Douglas Bull was absent)

I introduced the SIG board members and our guests.

Boyd Epley gave information on the new coaching performance committee, talked briefly about the HS COY award and its new criteria. Boyd changed the presentation date to the January conference to award the 2010 SIG COY but it was voted that we move it back to the July conference because many high school coaches can not make the January conference.

Boyd talked about the Strength of America Award and the Fly Solo program

Mike Nitka gave us an updated on the election process for board members and our need to make sure the HS SIG is represented.

Mike talked about the need for journal articles and the process they go through to be published in the journal. He encouraged coaches to write something up.

The national office will be changing the forums as a means of our SIG communicating. The change over should take place within the next 6 months.

Kevin Vanderbush briefly talked about the HS conference track. He stressed the need to fill out the evaluations so the national office sees a need for having more HS / youth sessions. Kevin encouraged coaches to speak at a local or state conference and then apply as a partnership at the national conference.

Patrick McHenry talked about various ways to become involved with the NSCA. Volunteering at the state conferences, writing journal articles, speaking at conferences

Patrick McHenry also talked about the High School Scholarship (i.e. Criteria / Nominations) we are receiving too many applicants have no idea about the NSCA they just send in to try and get the money. He encouraged coaches to talk to their students / athletes to submit an application.

Patrick McHenry talked about a quarterly newsletter. Douglas Bull will be in charge of it but articles from all members are needed to make it work. It will be broke up into Jan

/ Feb / March/ , April/ May /June, July / Aug /Sept, and Oct / Nov  
/ Dec

Issues will focus in on relevant topics for the three month span.

During the question and answer / discussion time is was decided that the meeting be longer next year with the last 30 – 45 minutes left for small group discussions or a chance to meet the others in the room.

The meeting was ended at 4: 00 so that the coaches could attend the last sessions of the day.