

## **Baseball Special Interest Group**

Baseball Annual Meeting  
2009 NSCA National Conference  
Thursday, July 9, 2009 ~ 12:00-1:00pm  
Burgundy Room, Paris Hotel, Las Vegas, Nevada

### **Meeting Agenda**

1. Introduction of Executive Council member.
2. Discussion of recent baseball research and its application for strength and conditioning.
3. Discussion of "hot topics" posted on Baseball SIG forum.
4. Discussion of topics/speakers for SSTC.
5. Open discussion.

### **Baseball Purpose Statement**

To advance the field of strength and conditioning for baseball through shared knowledge, empirical evidence, and applied research.

### **Baseball Executive Council**

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