

Weightlifting Special Interest Group (SIG)

Weightlifting Annual Meeting

2010 NSCA National Conference

Thursday, July 15, 2010~1:00pm-2:30pm

Asia 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida

Meeting Agenda

- I. Asia 5, Walt Disney World Swan and Dolphin Resort, Orlando, Florida Call to order
- II. Member Sign-in
- III. Chairperson's report
- IV. Vice Chairperson's report
- V. Old Business
 - A. Publications and Presentations
 - B. Speakers Directory
 - C. Newsletter
 - D. New Clinics
 - E. Technical Meets
- VI. New Business
 - A. Function of the Weightlifting SIG
 - B. SIG Web page contributions
- VII. Close

Weightlifting Purpose Statement

The purpose of the WL-SIG is to bring together NSCA members interested in promoting weightlifting in strength and conditioning. The WL-SIG provides a forum for interested individuals to learn and share their experiences and knowledge in the study and practice of weightlifting in strength and conditioning.

Weightlifting Executive Council

Chair: Bob Takano

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Term Dates: 2008-2010

Name: Sean Waxman

Title: SIG Vice-Chair/Secretary

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Term Dates: 2008-2010

Name: Mike Favre, MEd, CSCS

Title: Member-At-Large

Ph: Email: mike.favre@usoc.org

Term Dates: 2007-2010

Name: Joe Micelli, CSCS
Title: Member-At-Large
E-mail: joe@performanceone.net
Term Dates: 2009-2010

Name: David Miller,
Title: Member-At-Large
E-mail: info@Eastcoastgolf.org
Term dates: 2009-2010