

NSCA Award Recipients



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National Strength and Conditioning Association

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NSCA Award Recipients

ALL AMERICAN STRENGTH & CONDITIONING ATHLETES

This award originated in 1979 to recognize collegiate and high school athletes whose athletic accomplishments, in the opinion of the strength coach, reflect their dedication to strength and conditioning. These athletes are also recognized for their academic and personal accomplishments as well as their integrity as student athletes. Refer to the archives for specific information on the athletes.

ALVIN ROY AWARD

This posthumous award recognizes an individual whose career achievements have made a major historical impact on the scientific understanding, methodologies, practices and general awareness of resistance training as a component of sports conditioning.

1986 - Alvin Roy
1987 - Bob Hoffman
1993 - Peary Radar
1995 - John Terpak, Sr.
2000 - John Grimek
2004 - Edmund J. Burke, PhD, CSCS
2007 - John Patrick O'Shea, PhD

AWARD OF APPRECIATION

This award is given to members of the NSCA in recognition of significant contributions to the organization within the past year that do not fit into any other award criteria.

1993 - William J. Kraemer, Tom Baechle, and Morinaga & Co., Ltd.
1999 - Certification Commission and NSCA Japan
2000 - Certification Commission and NSCA Japan
2001 - Ball State University: College of Applied Science and Technology, Ball State University: College of Architecture and Planning, and NSCA Japan
2009 - John F. Graham, MS, CSCS,*D, FNCSA

AWARD OF APPRECIATION (Exams On Request)

2009 - Gold: Chat E. Williams
Silver: Ryoji Abe, Alfonso Jimenez Gutierrez, Satoshi Ochi, and Heath R. Pierce
Bronze: Mario A. Moyano, Mark Baldis, Travis M. Erickson, Rodney P. Gaines, Laura L. Hall, Jay R. Hoffman, Debra E. Krotish, Toni LaSala, Martyn J. Matthews, Kevin McCurdy, Michael R. McGuigan, Marilyn Moffat, Tony Moreno, Suzanne Olson, Yolanda Perry, Howard Ravis, David R. Renne, Gary Scott, Harry N. Theodorides, and Chad A. Witmer
2010 - Gold: Ryoji Abe
Bronze: Craig J. Cisar, Aaron Craig, Scott M. Doty, Robert H. Jones, Gerald D. Larson, Benjamin H. Reuter, David J. Sandler, Daniel Schmidt, Anthony Sgherza, Jay Todd, and David E. Wiederrecht

BOYD EPLEY LIFETIME ACHIEVEMENT AWARD

This award is given in recognition of a long line of achievements in the profession and a history of dedication to the association.

1993 - Boyd Epley
1994 - William J. Kraemer
1996 - Dan Wathen
1998 - Tom Baechle
2000 - Mike Stone
2004 - John Garhammer, PhD, CSCS, NSCA-CPT
2005 - Steven J. Fleck, PhD, CSCS
2007 - Gary A. Dudley, PhD, CSCS
2008 - Bruno Pauletto, CSCS
2009 - Meg Ritchie-Stone, MS, FNCSA
2010 - Steve Bliss, CSCS
2011 - Everett Harman, PhD, CSCS, NSCA-CPT

COLLEGE STRENGTH & CONDITIONING COACH OF THE YEAR

This award is given to a college or university Strength and Conditioning Coach in recognition of his or her efforts on behalf of college coaches and their dedication to the strength and conditioning profession. Nominees must be CSCS, current members of the NSCA for two consecutive years, and shall be a Division I, II, III or NAIA Head/Director Strength and Conditioning Coach.

1980 - Boyd Epley, University of Nebraska
1981 - Keith Kephart, University of Kansas
1982 - George Dostal, Clemson University
1983 - Bill Dunn, University of Virginia
1984 - Thomas Baechle, Creighton University
1985 - John Gamble, University of Virginia
1986 - Bruno Pauletto, University of Tennessee
1987 - Doug Semenick, Louisville University
1988 - Bill Allerheiligen, University of Wyoming
1989 - Dan Wathen, Youngstown State University
1990 - John Garhammer, California State University at Long Beach
1991 - Steve Bliss, North Dakota State University
1992 - Rick Huegeli, University of Washington
1993 - Michael J. Clark, Texas A&M University
1994 - Tom Cross, University of Oklahoma
1995 - Steven Scott Plisk, James Madison University
1996 - Robb Rogers, Baylor University
1997 - Dwight Daub, University of Utah
1998 - Tony Decker, University of Delaware
1999 - Jim Kramer, University of Northern Iowa
2000 - Roger Marandino, CSCS, Brown University
2001 - John Taylor, CSCS,*D, New Mexico State University
2002 - Joseph Kenn, CSCS,*D, Arizona State University
2003 - Allen Hedrick, CSCS, Air Force Academy
2004 - Gerard J. Martin, CSCS,*D, University of Connecticut
2005 - Michael Doscher, CSCS, Valdosta State University
2006 - Robert dos Remedios, MA, CSCS, College of the Canyons
2007 - Michael Rankin, CSCS, NSCA-CPT, Drexel University
2008 - Sara L. Wiley, MS, CSCS, University of Minnesota at Twin Cities
2009 - Jeff Reinardy, CSCS, Winona State University
2010 - Jonathan Jost, CSCS, Florida State University



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EDUCATOR OF THE YEAR AWARD

This award is given to an educator who has made noteworthy contributions to the teaching and clinical application in the field of strength training and conditioning. This recipient meets all requirements of leadership and contribution to the education of general strength training and conditioning, exercise and sport science, and enhancement of the discipline with the NSCA, as well as outside the NSCA.

2002 - William J. Kraemer, PhD, CSCS
2003 - Jay Hoffman, PhD, CSCS,*D
2004 - Mike Greenwood, PhD, CSCS,*D
2005 - David R. Pearson, PhD, CSCS,*D
2006 - Terry Housh, PhD
2007 - Ellyn M. Robinson, DPE, CSCS,*D
2008 - Margaret T. Jones, PhD, CSCS,*D
2009 - Jose Antonio, PhD, CSCS, FNSCA
2010 - Lee E. Brown, EdD, CSCS,*D, FNSCA

EXECUTIVE DIRECTOR'S AWARD

1990 - William J. Kraemer, PhD, CSCS

HIGH SCHOOL STRENGTH & CONDITIONING COACH OF THE YEAR

This award is given to a high school strength and conditioning coach in recognition of his or her efforts on behalf of high school coaches and dedication to the strength and conditioning profession.

1991 - John Waters, Big Foot High School
1992 - Mike Burgener, Rancho Buena Vista High School
1993 - Dan Burk
1994 - Edwin Jones, Eastern Senior High School
1995 - Steve Kenyon, Del Campo High School
1996 - Mike Nitka, Muskego High School
1997 - Ron Thomson, Auburn High School
1998 - Robbie Robinson, Mesquite High School
1999 - Bud Bjornaraa, Apple Valley High School
2000 - Patrick Mediate, Greenwich High School
2001 - Stephen Nunnink, Brainard Minnesota School District
2002 - Rosalin Hanna, CSCS,*D
2003 - Larry Meadors, PhD, CSCS,*D, NSCA-CPT,*D
2004 - Bruce Harbach, CSCS,*D, Lancaster Catholic High School
2005 - Patrick McHenry, CSCS,*D, Ponderosa High School
2006 - Ian Jeffreys, CSCS,*D, NSCA-CPT, Welsh Rugby Union
2007 - Kevin Vanderbush, MS, CSCS, Ben Davis High School
2008 - Charles R. Wells, MS, CSCS,*D, Emporia High School
2009 - Adam Beard, CSCS, Aspire Academy of Sport Excellence
2010 - Scott J. Sahli, CSCS,*D, NSCA-CPT,*D, Northfield High School

JSCR EDITORIAL EXCELLENCE AWARD

This award is given to the editorial members on the Journal of Strength and Conditioning Research Board in recognition of their service to the association.

1998 - Dr. Larry W. Weiss
1999 - Dr. E. Paul Roetert
2000 - Jerry L. Mayhew and N. Daniel Wathen
2001 - Jay Hoffman and Jeffrey R. Stout

2002 - Lee E. Brown, EdD, CSCS,*D
2003 - Bruce Craig, PhD
2004 - Steve Fleck, CSCS
2005 - Ann M. Swank, PhD
2006 - Nicholas A. Ratamess, Jr., PhD, CSCS
2007 - Jill A. Bush, PhD, CSCS
2008 - Terry J. Housh, PhD, FNSCA
2009 - William P. Ebben, PhD, CSCS,*D and Brian Schilling, PhD, CSCS, FNSCA
2010 - Mike R. McGuigan, PhD, CSCS,*D and Kent J. Adams, PhD, CSCS
2011 - Joel T. Cramer, PhD, CSCS,*D, NSCA-CPT,*D, FNSCA and Duncan N. French, PhD, CSCS

NSCA NUTRITIONAL RESEARCH AWARD

This award is to recognize research in the nutritional arena as it relates to strength and conditioning.

2003 - Jeff Volek, PhD, CSCS,*D
2004 - Joan M. Eckerson, PhD, CSCS
2005 - Jose Antonio, PhD, CSCS
2006 - Michael H. Stone, PhD
2007 - Andrew C. Fry, PhD, CSCS, FNSCA
2008 - Jeffery R. Stout, PhD, CSCS,*D
2009 - Nicholas A. Ratamess, PhD, CSCS,*D
2010 - Richard B. Kreider, PhD
2011 - Joel T. Cramer, PhD, CSCS,*D, NSCA-CPT,*D, FNSCA

OUTGOING PRESIDENT AWARD

1983 - Boyd Epley (Founding President of NSCA)
1985 - Tom Baechle
1987 - Keith Kephart
1989 - Steve Bliss
1991 - William Kraemer
1994 - Bruno Pauletto
1996 - Michael Stone
1998 - Don Chu
2000 - Dan Wathen
2003 - Richard Borden
2006 - Bill Allerheiligen
2009 - Lee E. Brown, EdD, CSCS,*D, FNSCA

PERSONAL TRAINER OF THE YEAR

This award is given to an individual in recognition of excellence in service to the personal training industry and the NSCA.

2000 - J. Henry Drought, MS, CSCS,*D, NSCA-CPT,*D
2001 - Anthony A. Abbott, EdD, CSCS,*D, NSCA-CPT,*D
2002 - Patrick Hagerman, CSCS,*D, NSCA-CPT,*D
2003 - Gina Lombardi, NSCA-CPT,*D
2004 - Maria Teresa Mendizabal, NSCA-CPT,*D
2005 - Michael Ranieri, CSCS,*D, NSCA-CPT,*D
2006 - Michael Yu Seril, MS, NSCA-CPT
2007 - Jeffrey Segal, CSCS, NSCA-CPT
2008 - Benjamin Greenfield, MS, CSCS, NSCA-CPT
2009 - Mark Nutting, CSCS,*D, NSCA-CPT,*D
2011 - Brad Schoenfeld, CSCS, NSCA-CPT



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PRESIDENT'S AWARD

This award is given to an individual in recognition of contributions made during the past year.

- 1986 - Thomas Baechle, Dan Wathen, Bill Allerheiligen, Gary Dudley, John Garhammer, William Kraemer, Steve Fleck, Duane Buturusis, Michael Stone, James Wright, and Benjamin Harrison
- 1987 - William Kraemer, John Garhammer, Jerry Simmons, Bill Foran, Bruno Pauletto, and Doug Semenic
- 1988 - Meg Ritchie, Denise Gater, Lori Gilstrap, Jan Todd, Lynn Stoessel, Jean Holloway, Sue Hillman, and David Gater
- 1989 - Doug Semenic, Susan Cloidt, Gary Goranson, and Larry Armstrong
- 1990 - Doug Semenic, Mike Clark, Carl Maresh, David Pearson, Tim McClellan, Doug Catlin, Steve Fleck, Karl Friedl, Michael Carter, John Garhammer, Bill Kroll, Gary Shankman, and Patrick O'Shea
- 1991 - Robert Cincotta, Karen Manzella, Todd Hendrickson, Karl Friedl, John Garhammer, Mike Stone, Joan Kraemer, Gary Goranson, Elise Reising, and Donna Welsh
- 1992 - Michael Stone and R. Jeff Chandler
- 1993 - Lawrence E. Armstrong, Bill Montgomery, and Don Chu
- 1994 - Steven S. Plisk and David Pearson
- 1995 - Chris Fett, Everett Harman, and Dan Wathen
- 1996 - NSCA National Office Staff
- 1997 - Sueo Oyama, Bruno Pauletto, and David Pearson
- 1998 - Al Biancani, Doug Lentz, Rob Panariello, and Peter Twist
- 1999 - NSCA Certification Commission, Doug Kleiner, Michael Stone, and John Taylor
- 2000 - NSCA National Office Staff, Don Chu, Patrick Hagerman, Mike Nitka, and Gary Shankman
- 2001 - Patrick Mediate
- 2003 - Helen Binkley
- 2004 - Jamie L. Aslin, John Taylor, and Kim M. Dixon
- 2005 - Kevin Cleary, CSCS and Mark Roozen, CSCS,*D
- 2006 - Doug Lentz, CSCS,*D
- 2007 - Joseph P. Weir, PhD and Larry Meadors, PhD, CSCS,*D, NSCA-CPT,*D
- 2008 - Terry J. Housh, PhD, FNCSA
- 2009 - Joel Cramer, PhD, CSCS,*D, NSCA-CPT,*D, FNCSA
- 2010 - David Sandler, MS, CSCS,*D, FNCSA
- 2011 - Danny J. McMillian, DPT, CSCS

RETIRING BOARD MEMBERS

This award is given to board members as they leave office in recognition of their hard work and dedication to the NSCA.

- 1991 - Bill Kraemer, John Garhammer, and Meg Ritchie
- 1992 - Pat Ciccantelli, Ray Moran, Russ Ball, and Doug Semenic
- 1993 - Bill Kroll and Mike Burgner
- 1994 - Bruno Pauletto and Everett Harman
- 1995 - Richard Borden and Mark Reiff
- 1996 - Mike Nitka and Rich McClure
- 1997 - Edmund R. Burke and Michael H. Stone
- 1998 - Richard Borden and Ed Jones
- 1999 - Donald Chu, Lori Gilstrap Kossett, and Peter LaChance
- 2000 - Lee Brown
- 2001 - John Kordich, J. Henry Drought
- 2002 - David Pearson, PhD, CSCS,*D and Steven Plisk, CSCS

- 2003 - Jaynie Schram, MPH, MS, PT-SCS, CSCS,*D and Travis Triplett-McBride, PhD, CSCS
- 2004 - Andrew Fry, PhD, CSCS and John F. Graham, MS, CSCS,*D
- 2005 - Patrick Hagerman, EdD, CSCS,*D, NSCA-CPT,*D and Patrick Mediate, MEd, CSCS,*D
- 2006 - Avery Faigenbaum, EdD, CSCS,*D and Jay R. Hoffman, PhD, CSCS,*D
- 2007 - Helen B Binkley, PhD, CSCS,*D, NSCA-CPT,*D and Juan Carlos Santana, MEd, CSCS,*D, FNCSA
- 2008 - Jose Antonio, PhD, CSCS, John Taylor, MS, CSCS,*D, FNCSA, and Mark Roozen, MEd, CSCS,*D
- 2009 - Diane Vives, MS, CSCS,*D and Perry Koziris, PhD, CSCS,*D, NSCA-CPT,*D, FNCSA
- 2010 - Karen Ballek, PhD, G. Gregory Haff, PhD, CSCS,*D, FNCSA, and Juan Carlos Santana, MEd, CSCS,*D, FNCSA
- 2011 - John P. McCarthy, PhD, PT, CSCS,*D, FNCSA, Jeffery R. Stout, PhD, CSCS,*D, FNCSA, and Mike J. Nitka, MS, CSCS,*D, RSCC*E, FNCSA,

SCJ EDITORIAL EXCELLENCE AWARD

This award is given to the members of the Strength and Conditioning Journal editorial board in recognition of their service to the association.

- 1999 - Steven S. Plisk, MS, CSCS
- 2000 - John F. Graham
- 2001 - Allen R. Hedrick
- 2002 - Michael Stone, PhD
- 2003 - Avery Faigenbaum, EdD, CSCS,*D
- 2004 - Brian Findley, CSCS,*D
- 2005 - Loren Chiu, CSCS
- 2006 - Patrick McHenry, MA, CSCS,*D
- 2007 - David J. Szymanski, PhD, CSCS,*D
- 2008 - Mark Kovacs, PhD, CSCS
- 2009 - Morey J. Kolber, PT, PhD, CSCS
- 2010 - Kelly Brooks, PhD, CSCS
- 2011 - William J. Hanney IV, DPT, CSCS

SPECIAL RECOGNITION AWARD

This award is given to members of the NSCA in recognition of significant contributions to the organization within the past year that do not fit into any other award criteria.

- 1997 - Bernard Cahill and John Fatouros

SSG CHRISTOPHER FALKEL AWARD

- 2006 - CPT Ted Croy
- 2007 - Glenn Solomon
- 2009 - Discontinued



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STRENGTH OF AMERICA AWARD

This award recognizes high schools that represent the gold standard in strength and conditioning programs. High schools who earn this award have demonstrated excellence in their school's athletic supervision, education, program, and facilities.

2010

Castle View High School | Coach Patrick McHenry, MA, CSCS,*D
Homewood-Flossmoor High School | Coach Steve Szymkowiak, MA, ATC, CSCS
Muskego High School | Coach Mike Nitka, MS, CSCS,*D, FNCSA
Widefield High School | Coach Bob Tim, MA, ATC, CSCS

2011

Athens Academy | Coach Bryan Pulliam, CSCS
Castle View High School | Coach Patrick McHenry, MA, CSCS,*D
Greater Atlanta Christian School | Coach Gary Schofield Jr, ATC/L, CSCS
Homewood-Flossmoor High School | Coach Steve Szymkowiak, MA, ATC, CSCS
Marquette University High School | Mike Duehring, CSCS,*D
Muskego High School | Mike Nitka, MS, CSCS,*D, FNCSA
Western Region Academy of Sport | Stephen Bird, PhD, CSCS
Widefield High School | Bob Tim, MA, ATC, CSCS

SPORTS MEDICINE / REHABILITATION SPECIALIST OF THE YEAR

This award is given to a member in recognition of contributions to the field of Sports Medicine or Rehabilitation.

2001 - Donald Chu, PhD

2002 - Jeff Fahrenbruch, MPT, CSCS,*D

2003 - Todd Ellenbecker, CSCS

2004 - Jeff Falkel, CSCS,*D

2005 - David Potach, CSCS,*D, NSCA-CPT,*D

2007 - Dan Wathen, CSCS,*D, NSCA-CPT,*D, FNCSA

2008 - Jaynie Bjornaraa, PhD, MPH, PT, CSCS,*D

2009 - Danny McMillian, DPT, CSCS

2010 - Scott E. Lawrance, CSCS

2011 - Greg Myer, PhD, CSCS

STATE/PROVINCIAL DIRECTOR OF THE YEAR AWARD

This award is given to state/provincial directors who have accumulated the most points during the year from April 1 to March 31, using the evaluation criteria format.

1986 - Region 1: Wes Emmert

Region 2: Bruno Pauletto

Region 3: Russ Ball

Region 4: Neil Wolkodoff

Region 5: John Arce

1987 - Region 1: Ray Moran

Region 2: Bob Brosmer

Region 3: Harley Dartt

Region 4: Rick Huegli

Region 5: Steve Schulz

1988 - Region 1: Pat Ciccantelli

Region 2: Phil Emery and Allan Johnson

Region 3: Russ Ball

Region 4: Neil Wolkodoff

Region 5: Open

1989 - Region 1: Bob Cincotta

Region 2: Phil Emery and Bob Brosmer

Region 3: Open

Region 4: Ron Thomson

Region 5: Sam Varner and Dwight Daub

1990 - Region 1: Gary Viles and John Waters

Region 2: Phil Emery

Region 3: Roger Finkemeier

Region 4: Paul Longo

Region 5: Mark Reiff

1991 - Region 1: Jeff Connors

Region 2: Edwin Jones

Region 3: Jesse Barksdale

Region 4: Tom Richardson

Region 5: Mark Reiff

1992 - Region 1: Doug Lentz

Region 2: Steve Plisk

Region 3: Gary Shankman

Region 4: Mike Lowe

Region 5: Dwight Daub

1993 - John Kordick

1994 - Tom Cross, Doug Lentz, Tony Moreno, and Mike Lowe

1995 - Dwight Daub, J. Henry Drought, John Kordich, Mike Lowe, and Richard Powell

1996 - Boyd Peterson, Kim Ford, Ollie Whaley, and John Blievernicht

1997 - Ollie Whaley

1999 - Patrick Mediate

2000 - Avery Faigenbaum

2001 - Christine Vega

2002 - Cory Warner, CSCS

2003 - Kimberely A.B. Zaph

2004 - Chat Williams

2005 - Mark Nutting

2006 - Paul Goodman, CSCS

2007 - Karyn Gallivan, CSCS, NSCA-CPT

2008 - Scott J. Sahli, CSCS, NSCA-CPT

2009 - Heath Pierce, MEd, CSCS,*D, NSCA-CPT,*D

2010 - Paul Moore, MS, CSCS,*D, NSCA-CPT,*D

2011 - Lee Anthony Glass, MS Ed, CSCS

STUDENT RESEARCH AWARD

These awards are given to students who have presented an abstract at the NSCA National Conference.

1992 - Andrew Fry

1993 - John Caruso

1994 - David Martin

1996 - Linc Gotshalk

1997 - Kainoa Pauole

1998 - Scott Stevenson

1999 - Atilla J. Zink, CSCS



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2000 - Maria Mountain-Diedrechson and Joel Cramer
2001 - Heather Sanderson
2002 - Oral Presentation: Joshua Miller, CSCS, NSCA-CPT
Poster Presentation: Michael Hartman III, CSCS
2003 - Oral Presentation: Loren Chiu, CSCS
Poster Presentation: Junichiro Yamauchi
2004 - Oral Presentation: Travis Beck
Poster Presentation: Chad Kerksick, CSCS,*D, NSCA-CPT,*D
2005 - Oral Presentation: Sophia Nimphius, MS, CSCS & Chris A. Moore, MS, CSCS
Poster Presentation: Peter A. Blumert, CSCS
2006 - Oral Presentation: Prue Cormie, CSCS
Poster Presentation: David Bazett-Jones, CSCS
2007 - Oral Presentation: Loren Chiu, MS, CSCS
Poster Presentation: Jeremy Sheppard, CSCS
2009 - Oral Presentation: Greg Myer, MS, CSCS
Poster Presentation: Abbie Smith, MS, CSCS
2010 - Oral Presentation: Pablo B. Costa
Poster Presentation: Kristina L. Kendall, CSCS
2011
Oral Presentation Doctoral: Matthew Stock, MS, CSCS and Trent Herda, MS
Oral Presentation Master's: Chris Parchmann, CSCS, NSCA-CPT
Poster Presentation Doctoral: Kristina Kendall, MS, CSCS
Poster Presentation Master's: Julia Girman, CSCS

TERRY J. HOUSH OUTSTANDING YOUNG INVESTIGATOR

This award is given to a researcher who has been in the field seven years or less, in recognition of noteworthy contributions to the field of applied exercise and sport science.

1998 - Dr. Andrew Fry
1999 - Dr. Avery Faigenbaum
2000 - Joseph P. Weir, Jay Robert Hoffman, and Travis Triplett-McBride
2001 - G. Gregory Haff, Jeffrey R. Stout, PhD and Lymperis P. Koziris
2002 - Tammy K. Evetovich, PhD
2003 - Lee Brown, EdD, CSCS,*D
2004 - Jeff S. Volek, PhD, RD
2005 - Nicholas A. Ratamess Jr., CSCS and Joel T. Cramer, CSCS,*D, NSCA-CPT,*D
2006 - Jeffrey M. McBride, PhD, CSCS
2007 - Mike R. McGuigan, PhD, CSCS,*D, FNCSA
2008 - William P. Ebben, PhD, CSCS,*D and Matthew R. Rhea, PhD, CSCS
2009 - Jared W. Coburn, PhD, CSCS,*D, FNCSA and Travis Beck, PhD
2010 - Brian Schilling, PhD, CSCS, FNCSA and Moh H. Malek, PhD, CSCS,*D, NSCA-CPT,*D, FNCSA
2011 - Eric D. Ryan, PhD, CSCS, NSCA-CPT

WILLIAM J. KRAEMER OUTSTANDING SPORT SCIENTIST

This award is given to a scientist who has made noteworthy contributions to the field of applied exercise science.

1991 - Dr. Steve Fleck and Dr. Mike Stone
1992 - Dr. William Kraemer
1993 - Dr. John Garhammer
1994 - Dr. Gary Hunter
1995 - Dr. Everett Harman
1996 - Dr. Gary Dudley
1997 - Dr. Robert S. Staron
1998 - Dr. Terry Housh
1999 - Dr. Carl M. Maresh
2000 - Dr. Stephen E. Always
2001 - Dr. Jerry Mayhew
2002 - Michael Bembien, PhD
2003 - Lawrence Weiss, EdD, CSCS,*D
2004 - Robert U. Newton, PhD, CSCS
2005 - Andrew C. Fry, PhD, CSCS
2006 - Joseph P. Weir, PhD
2007 - Jay R. Hoffman, PhD, CSCS,*D, FNCSA
2008 - Joan M. Eckerson, PhD, CSCS
2009 - Lee E. Brown, EdD, CSCS,*D, FNCSA
2010 - N. Travis Triplett, PhD, CSCS,*D, FNCSA
2011 - G. Gregory Haff, PhD, CSCS,*D, FNCSA



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GRADUATE RESEARCH GRANT – MASTER AND DOCTORAL

This grant program funds graduate research in strength and conditioning that is consistent with the mission of the NSCA.

- 1996 - Brett Dolezal, Scott Gordon, Jeff McBride, and Tim Ziegenfuss
1997 - Darin D. Loftiss, John Rockwell, Mark Roltsch, and Scott W. Stevenson
1998 - Jill A. Bush, Matthew P. Harber, Bradley C. Nindl, and Jeff S. Volek
1999 - Kyle Ebersole, David Hostler, Jeffrey Mischnick, Eric Rawson, and Aaron L. Souza
2000 - Mark J. Lehmkuhl, Anthony J. Bull, Ryan Rogers, Matthew W. Hulver, and Mark G. Abel
2001 - Neva Avery, John Blaak, Anita Bowman Loren Chiu, Monica Hubal, and John Thyfault
2002 - Jared Coburn, Joel Cramer, Eric Dugan, Eric Frickle, Ana Gomez, Andreas Katsiaras, Joshua Miller, and Keith Shannon
2003 - Brian Schilling, Richard Bloomer, Joshua Cooper, Paul Luebbbers, Martyn Rubin, Nicholas Ratamess, Robert Pettitt, and David Thomson
2004 - Travis Beck, Peter Blumert, Loren Chiu, Michael Conti, Duncan French, R. Lee Howard, and Chris Moore
2005 - David Bazett-Jones, Stephen Bird, Prue Cormie, Michael Falvo, Gerald Mangine, Mark Peterson, Dan Ritchie, and Glauccio Scremin
2006 – Master's: Robert McCurley
Doctoral: Travis Harvey, Naruhiro Hori, Moh Malek, and Ricardo Silvestre
2007 – Master's: Andrew Galpin and James Nuzzo
Doctoral: Prue Cormie, Michael Roberts, and Barry Spiering
2008 – Master's: Kenneth Clark, Jason DeFreitas, Jennifer Graef, and Andrew Kelleher
Doctoral: Thomas Buford, Michael Falvo, Michelle Mielke, Eric Ryan, and Jeremy Sheppard
2009 – Master's: Kelley Hammond and Luke Garceau
Doctoral: Mark Knoblauch, Brad Lambert, and Charles Leddon
2010 – Master's: Michael Stec and Megan Bryanton
Doctoral: Kyle Sunderland and Jonathan Oliver
2011 – Master's: James Snyder
Doctoral: Steve Bui, Jacob Earp, and Matthew Villanueva

INTERNATIONAL COLLABORATION GRANT

This grant is established to solicit and facilitate collaboration among NSCA Members and international colleagues.

- 2011 – Guy G. Haff, PhD, CSCS,*D, FNSCA

GNC® NUTRITIONAL RESEARCH GRANT

GNC® sponsors this nutrition-based research grant that is designed to help fund a project that falls within the mission of the NSCA.

- 2003 - Joan Eckerson
2004 - Rodney Gaines
2005 - Chad Kerksick
2006 - Webb Smith
2007 - Adam Bruenger and Kyle Hackney
2009 - Tyler Kirby
2011 - David Fukuda

SENIOR INVESTIGATOR GRANT

This grant program funds full-time faculty members in a senior faculty position at the rank of Associate Professor or higher. The purpose and specific aims of the research project must be consistent with the mission of the NSCA.

- 2011 - Don Hoover

UNDERGRADUATE RESEARCH GRANT

- 2004 - Michael Flavo
2005 - Ken Khalouf and Webb Smith
2007 - Discontinued

YOUNG INVESTIGATOR GRANT

This grant program funds full-time faculty members, in tenure track positions, who are within seven years from conferral of their Doctorate degree.

- 2006 - Nicholas Ratamess
2007 - Chad Kerksick and Alexis Ortiz
2008 - Morey Kolber
2009 - Loren Chiu and Jason Vescovi
2010 - Prue Cormie, William Ebben, and Duncan French
2011 - Moh Malek and Brian Schilling



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NSCA Scholarship Recipients

CHALLENGE SCHOLARSHIP

This scholarship is given to NSCA Members seeking either an undergraduate or graduate degree in a strength and conditioning related field.

- 1985 - Guy Dirkin, Steve Auferoth, and Brett Bungardt
1986 - Eddie Coyle, Scott Duke, and Bob Brosmer
1987 - Ole Haugom, Lynne Stoessel, and Frank Eksten
1988 - Stephanie Armitage, Pete Draovitch, and John McBride
1989 - Andrew Fry, Laurie Ugolik, and Blake Barton
1990 - Jay Hoffman, David Behm, and Eric Durak
1991 - Roger Earle, Pete LaChance, and Jim Kraemer
1992 - Travis Triplett
1993 - Hank Drought, Kevin Buer, and Mike Holliday
1994 - Mike Conley, Brett Hessing, and Perry Koziris
1995 - Bret H. Boyer and David A. Schlagel
1996 - G. Gregory Haff, Raoul Reiser II, and Mike Vinson
1997 - David H. Potach, Sean D. Shimada, and Dale R. Wagner
1998 - David O. Hardy, Jason Loscalzo, Jeni McNeal, Maria Mountain-Diederichsen, and Satoshi Ochi
1999 - Sean M. Bulger, Greg Frounfelter, Robert W. Gorinski, Kevin Marley, Brian Schilling, Aaron L. Souza, and John Thyfault
2000 - Greg E. Bradley-Popovich, Neil A. Evans, Greg Frounfelter, Antonio S. Grajo Jr., Greg Johnson, Brian T. Lehmann, Phoebe Manchester, Joseph Nance, Louis E. Roehn, Brian D. Shelsta, and Darin Van Gammeren
2001 - Toby Brooks, Christopher Canary, Loren Chiu, Marc Dagenais, Bryan Dermody, James Di Naso, Ricardo Fernandez, Monty Gibson, Chiaki Hara, Mitchell Hauschildt, John Popovich, and Darin Van Gammeren
2002 - Justin Shurley, Holly Peterson, Jose Vazquez, Joel Cramer, Chad Kerkick, Joshua Miller, Chris Ruf, Matthew Kuhn, Darin Van Gammeren, Clark Miller, Kevin Ford, and Joshua Lewbel
2003 - Chad Kerkick, Jared Coburn, Edwin Ryan, Darin Van Gammeren, Ernest Rimer, John Popovich, Jeff Konin, Ben Greenfield, Derek Toshner, Sarah Applegarth, Chris Moore, and Matt Fowler
2004 - Chad Kerkick, Darin Van Gammeren, Kathryn Zbarsky, Raymond Kraus, Aaron Crum, David Bazett, Tina Bodil Ferguson, Colin Peuse, Rebecca Zachau, Jon Stroud, Shenequika Perry, and Owen Stanley
2005 - Ryan Andrews, Paul Bohr, William Campbell, Prue Cormie, Naruhiro Hori, Michael Irr, Ken Khalouf, Justin Lin, Joni Marr, Colin Peuse, Lemuel Taylor, and Colin Wilborn
2006 - Marty Barnett, Michelle Bower, William Campbell, Alison Egan, Michael Falvo, Terry Grindstaff, Naoki Kawamori, David Kinsella, Rebecca Kujawa, Brad Lokey, Stephen Masten, and James Nuzzo
2007 - John Bennett, Thomas Buford, Lane Dieckow, Anastasia Kasianchuk, Jason Kurfurst, Zachary Long, Stephen Masten, Jr., Sara Prudic, Abbie Smith, Masahiro Takahagi, Hajime Takashima, and Gregory Waryasz
2008 - Caroline Carducci, Chris Desrosiers, Eric Gibbons, Stephen Masten, Michael Naperalsky, Maranda Rehg, Susan Reynolds, Gregory Stanley, Hajime Takashima, Gregory Waryasz, and Erin White
2009 - Nicole Dabbs, Natalie Johnson, Susan Reynolds, Leah Suzanne Sawyer, Jennie Stieg, Lynn Stogner-Tucker, Tai Tran, Ashley Walters, Greg Waryasz, and Jonson Yousefzadeh

- 2010 - Andrew Bachman, Kevin Becker, Tabitha Citro, Chip Detty, Aaron Gillies, Scott Hoar, Edward Jo, Andy Khamoui, Melissa Mente, Colleen Munoz, Michael Rogers, James Snyder, Matt Stock, Tai Tran, and Ashley Walter
2011 - Kevin Becker, Ryan Crotin, Christopher Davis, John Gaylord, Nathan Herda, Trent Herda, Kristina Kendall, Joe LaPorta, Trevor Love, Craig MacDonald, Justin Nicoll, Chris Poole, James Tufano, Corey Weisenstein, and Levi Wainwright

HIGH SCHOOL SCHOLARSHIP

This scholarship provides funding to high school seniors preparing to enter college. Students must demonstrate their acceptance into an accredited institution, their intention to graduate with a degree in the strength and conditioning field, their goals beyond college and their track record of community service.

- 2004 - Anthony Palmieri and Oliver Whaley
2005 - Stephen Masten Jr. and Maranda Rehg
2006 - Jesse Adler and Jerod Franck
2007 - Wesley Poynor and Susan Reynolds
2008 - Evan Allen and Cody Miller
2009 - Gavyn Clare and Mark Fiala
2010 - Aaron Brophy, Daniel Gardner, Caitlin Grey, Lauren Sciarra, and Jacob Trout
2011 - Kaitlyn Baumann, Noelle Ekonomou, Brian Kautz, Matthew Knowlton, Sarah Kolmer, Caitlin Steiding, and Alex Taray

MINORITY SCHOLARSHIP

This scholarship is designed to encourage minorities, ages 17 and older, to enter into the field of strength and conditioning.

- 2004 - Justin Lin and David Yamane
2005 - Adam Carter and David Yamane, III
2006 - Yaw Baidoo
2007 - Augusta Hathaway and Nancy Uribe
2008 - Diamond Nguyen and Brandon Uribe
2009 - Aaron McLaurin and Dennis Trammell
2010 - Nicholas Aguirre, Carlos Carmona, David Fukuda, Monica Gochioco, Tony Reed, and Jorge Zuniga
2011 - Nicholas Aguirre, Brandon Brown, Vanessa Cazas, David Fukuda, Edward Jo, Andy Khamoui, Jason Ng, and Jeremy Tan



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NSCA Scholarship Recipients

POWER SYSTEMS®

PROFESSIONAL SCHOLARSHIP

The Power Systems® Professional Scholarship program assists members in their pursuit of a career as a strength and conditioning coach.

1997 - Richard Gray
1998 - Kevin Early
1999 - Chad Kerkisick
2000 - Brian T. Lehmann
2001 - Chad Kerkisick
2002 - Christina Lancaster
2003 - Adam Johnson
2004 - Kurt Schmidt
2005 - Brian Gearity
2006 - Gregory Waryasz
2007 - Corey Lohnes
2008 - Matthew Powell
2009 - Christopher Desrosiers
2010 - Rachael Ball
2011 - Adam Ayash

SSG CHRISTOPHER FALKEL SCHOLARSHIP

2007 - Glenn Solomon-Hill
2008 - Zachary Penwell
2009 - Discontinued

WOMEN'S SCHOLARSHIP

This scholarship is designed to encourage women, ages 17 and older, to enter into the field of strength and conditioning.

2004 - Prue Cormie and Cassie Seal
2005 - Namaste Chisam and Sophia Nimphius
2006 - Christina Dieli and Tonya Gutch
2007 - Disa Hatfield and Rebecaa Kujawa
2008 - Ashley Walter and Alea Eurich
2009 - McKenzie Fauth and Nicole Pelletier
2010 - Nicole Dabbs, Krissy Kendall, Christian Rainier, Michelle Rathke, Susan Reynolds, and Hannah Sackett
2011 - Kristen Cochrane, Tiffani Cox-Kuchyt, Nicole Dabbs, Kelly Franks, Julia Girman, Megan Lauer, Aindrea McHugh, Michelle Potter, Michelle Rathke, Susan Reynolds, Leah Sawyer, Allison Seifert, and Ashley Walter



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