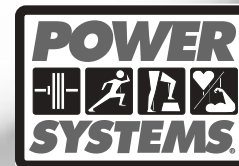


NCSA ALL-AMERICAN

STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

Sponsored by



The NSCA All-American Strength and Conditioning Athletes of the Year program recognizes collegiate athletes whose athletic accomplishments, in the opinion of the strength coach, reflect their dedication to strength training and conditioning. These athletes are also recognized for their academic and personal accomplishments as well as their integrity as student athletes.

NSCA member coaches at the collegiate level may nominate one male and/or one female candidate. All athletes submitted will be recognized. All athletes and coaches will receive the NSCA All-American Strength and Conditioning of the Year recognition booklet and personalized certificates.

Completed nomination forms must be received by December 15. Coaches, return this entire form to the NSCA, 1885 Bob Johnson Drive, Colorado Springs, CO 80906, or fax nominations to +1 719-632-6367.

MALE ATHLETE

Last Name _____	
First Name _____	
Sport _____	
Position _____	
<input type="checkbox"/> Freshman	<input type="checkbox"/> Sophomore
<input type="checkbox"/> Junior	<input type="checkbox"/> Senior
Major _____	
Height _____	Weight _____
PERSONAL BESTS:	
Bench Press _____	Squat _____
Vertical Jump _____	Power Clean _____
40-Yard Dash _____	5-10-5 Agility _____
QUOTE FROM NSCA MEMBER COACH:	
What special qualities does he possess and how has he used strength training and conditioning to achieve athletic goals? Include other personal accomplishments.	

FEMALE ATHLETE

Last Name _____	
First Name _____	
Sport _____	
Position _____	
<input type="checkbox"/> Freshman	<input type="checkbox"/> Sophomore
<input type="checkbox"/> Junior	<input type="checkbox"/> Senior
Major _____	
Height _____	Weight _____
PERSONAL BESTS:	
Bench Press _____	Squat _____
Vertical Jump _____	Power Clean _____
40-Yard Dash _____	5-10-5 Agility _____
QUOTE FROM NSCA MEMBER COACH:	
What special qualities does she possess and how has she used strength training and conditioning to achieve athletic goals? Include other personal accomplishments.	

I certify that I am a current member of the NSCA and the above information is complete and accurate to the best of my knowledge.

Signature _____	Date _____		
Name (print) _____	Member# _____		
Full Name of Institution _____			
Mailing Address _____			
City _____	State/Province _____	Zip _____	Phone _____
Sports Info. Dir. _____		Mailing Address _____	

Nominations must be received by December 15 of a given year.